



City of Dieppe One Page Action Summary

The Wellness Movement is pleased to recognize the City of Dieppe for their **leadership and commitment in becoming an Age-Friendly Community (AFC) where seniors are supported to thrive.**

Here are the steps the City of Dieppe took to become recognized as an Age-Friendly Community, categorized under the 4 basic steps of the World Health Organization (WHO):



Secure community commitment by having the municipality, rural community or local service district (LSD) officially commit to the AFC approach.

The Dieppe City Council passed the resolution to establish an Age-Friendly Initiative in June 2010.



Establish an Age-Friendly Steering Committee and find support in order to actively engage the community and, in particular, seniors.

Beginning in June 2010, a city staff member was dedicated to overseeing the Seniors file and age-friendly action plan. The municipality annually assigns budget dollars (\$3000-\$8500) to support age-friendly work.



Conduct an Age-Friendly assessment in consultation with the community and seniors.

In June 2010, community assessments and public engagement sessions were held, leading to the creation of the 2012-2017 action plan. A renewed plan is currently underway.



Establish a comprehensive action plan, including measures, that responds to the needs identified by seniors in the community.

Highlights from the 2012-2017 action plan include:

- Added benches on trails
- Added time to pedestrian crossings
- Subsidized certain premises used by seniors
- Dedicated a day for seniors to travel via bus free of charge
- Provided a Paratransit service for wheelchair users
- Installed several bus shelters to accommodate seniors near the senior apartments
- Designated several housing options for seniors
- Made many social activities available to seniors, including dancing, card games, churches, volunteer options, aquatic programs, and free skating sessions
- Received New Horizons Grant to develop raised garden beds (2011)
- In 2013, received New Horizons Grant to support the five-year age-friendly action plan and the committee's operating expenses. Included purchase of equipment for over 50 yoga and aerobics classes.
- Since 2012, the City of Dieppe has organized an annual activity (either a forum or a breakfast conference) for seniors to celebrate International Seniors Day.
- Organized senior activities such as the Mercredi Show, Carnival series of friendship, and Senior Friendship Games 2005, 2008, and 2015 (provincial games)

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AGE-FRIENDLY
COMMUNITY

THE
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