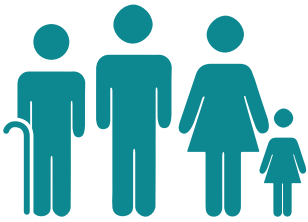


How to access your expanded health-care services

You now have many options to access faster care and avoid long waits in the emergency department



What Are Your Options?

Through a partnership involving the Department of Health, regional health authorities, Extra-Mural/Ambulance New Brunswick and community health providers, **primary health-care options have been expanded so that New Brunswickers do not need to go to an emergency department for care that can be delivered in the community.**



Walk-in clinics / Virtual walk-in clinics

Do you require a consultation for a common illness, injury, infection, mental health condition or general health concern?

- ➔ Visit a community walk-in clinic, many with newly expanded hours

NBMS.NB.CA/WALK-IN-CLINICS

- ➔ Free virtual clinics | 8AM - 8PM, 7 days a week

EVSITNB.CA



Tele-Care 811

Are you unsure about where to go for support or have general health questions?

- ➔ 24-hour support from a nurse
- ➔ Referrals to additional community services
- ➔ Expanded number of in-person and virtual appointments available within 24-hours

[CALL 811](tel:811)



The Health Plan

Want to learn more about how you can access faster care and the Provincial Health-Care Plan?

GNB.CA/HEALTH



Family Doctor or Nurse Practitioner

Have a family doctor or nurse practitioner and need general health-care services?

- ➔ Contact them first for an appointment
- ➔ If an appointment cannot be made in a timely way, use the other options available before visiting the emergency department

[CONTACT YOUR PROVIDER](#)



Pharmacists

Need an existing prescription filled or have questions about minor conditions?

- ➔ Pharmacists can now renew many prescriptions whether you have a provider or not
- ➔ Prescribe treatment for minor conditions, including urinary tract infections

[CONTACT YOUR LOCAL PHARMACY](#)



Addiction and mental health clinics

Are you experiencing non-emergency mental health difficulties?

- ➔ One-at-a-time therapy is now available in most community mental health centres
- ➔ Available by appointment or on a walk-in basis
- ➔ Resources for mental health and substance use is available through Bridge the gap

GNB.CA/MENTALHEALTH

NB.BRIDGETHEGAPP.CA



Emergency Care

If you are experiencing an emergency, call 911

- ➔ Paramedics will now use their clinical judgement to determine the community health-care options best suited to your needs

[CALL 911](tel:911)