



Eat well for better health

The Postnatal Benefit Program can help.

The Postnatal Benefit Program can help by offering financial aid to women who have a newborn baby. If your annual family income after taxes was less than \$29,000 last year, you may qualify for financial assistance to help you eat well after the birth of your baby.

You can receive four monthly cheques once you have completed the application process. Simply call your regional Social Development office; toll free numbers are listed at the bottom of this pamphlet.

For more information on taking care of your baby, please contact your health care provider or visit www.gnb.ca/publichealth.

Social Development Offices

Moncton (Region 1).....	1-866-426-5191
Saint John (Region 2).....	1-866-441-4340
Fredericton (Region 3).....	1-866-444-8838
Edmundston (Region 4).....	1-866-441-4249
Restigouche (Region 5).....	1-866-441-4245
Chaleur (Region 6).....	1-866-441-4341
Miramichi (Region 7).....	1-866-441-4246
Acadian Peninsula (Region 8).....	1-866-441-4149