Why your daughter should get vaccinated against HPV now…

• To protect her from getting human papillomavirus (HPV), which is the leading cause of cervical cancer.
• To protect her against the viruses responsible for 90 per cent of all genital warts.

To protect your daughter against human papillomavirus (HPV)

For Grade 7 girls

What to expect following HPV immunization…

• Common side effects are pain, redness, itching or swelling at the site of the injection.
• Other possible side effects are mild fever, nausea, vomiting, dizziness and headache.

What you should know about the HPV vaccine…

The vaccine…

• is SAFE and very effective in preventing disease.
• is given in three doses over six months; the second and third doses are given two and six months after the first dose.
• all doses need to be given to ensure protection.

What you can do to help protect your daughter against HPV…

• Encourage her to get vaccinated NOW.
• Talk with her about how to make informed sexual health decisions by discussing the following:
  – delaying sexual activity until she is older;
  – limiting the number of sexual partners;
  – being aware of her partner’s sexual history;
  – using condoms to protect her from HPV and other sexually transmitted infections; and
  – being aware that the virus can be found on skin that is not covered by a condom.
• Encourage her to have regular Pap tests once she becomes sexually active even if she has received the HPV vaccine.

Who should get this vaccine?

• Girls in Grade 7.

Who should NOT get this vaccine?

• Girls who are allergic to any part of the vaccine or its container.
• Pregnant women.

What you should know about HPV…

• HPV is very common.
• About 70 per cent of the adult population will have had a genital HPV infection at some stage in their life.
• Genital HPV is spread through skin-to-skin contact during sex.
• Signs and symptoms are not always visible.
• HPV can cause genital warts, cervical cancer, other genital cancers and cancer of the mouth.
• Most people are infected during the first two to five years after becoming sexually active.

What to do if your daughter has had an allergic reaction to a vaccine in the past, or if you have any questions, please contact your local Public Health office.

Immunization records are not considered confidential. For example, if your health-care provider requests this information, the immunization record will be provided to them.

Adverse reactions especially severe or unusual reactions in the four weeks following immunization should be reported to the local Public Health office. Please see your doctor if your daughter has a severe reaction.

Further information is available at www.gnb.ca/health

How to register your daughter for this program…

• Complete and sign the tear-off section of the brochure.
• Return the completed tear-off section to the school even if you do not wish your daughter to be immunized.
• Keep the rest of the brochure for your information.
• Once all three doses have been given, the nurse will complete the immunization information on your daughter’s Personal Immunization Record and return it to you.

Personal immunization record for human papillomavirus immunization

This section is to be completed by the Public Health nurse.

Name of daughter

Birth Date Immunized

Next dose due

This immunization record will be given to your daughter after her immunization. Please keep this record with your daughter’s personal health file.