

A SIMPLE AT-HOME COLON TEST COULD SAVE YOUR LIFE



WHY SHOULD I GET SCREENED FOR COLON CANCER?

- Most colon cancers can be prevented or cured if found early.
- Colon cancer is the second leading cause of cancer death for men and women in New Brunswick.
- Approximately 600 men and women are diagnosed with colon cancer every year, and about 210 die from the disease.
- Early stage colon cancer usually has no symptoms.
- Most colon cancers occur after the age of 50.

DO I NEED TO BE SCREENED?

WHO	Men and Women between the ages of 50 to 74 without symptoms or family history of colon cancer.
TEST	At-Home Test (FIT-Fecal Immunochemical Test).
WHEN	Initial invitations are sent after your even birthday (50, 52, etc.).
HOW	Through the NB Colon Cancer Screening Program.
QUESTIONS	For questions or concerns about the NB Colon Cancer Screening Program, call 1-844-777-3443 .

HOW DOES THE PROGRAM WORK?

- The NB Colon Cancer Screening program aims to decrease the number of colon cancer deaths in New Brunswick.
- Individuals aged 50 to 74 will be invited by letter to participate in the program.
- Invitation letters will include a questionnaire to determine if the at-home test is the right screening test for them.
- The at-home test (FIT- Fecal Immunochemical Test) will be mailed to eligible participants.
- Participants will mail their specimen (test) to the provincial laboratory for analysis.
- The FIT results are sent to the program and to the participant's primary health-care provider (doctor or nurse practitioner).
- The program collects and uses ONLY the information required as part of monitoring and communicating with participants about their colon cancer screening information.
- Normal FIT → participants are re-invited in 2 years.
- Abnormal FIT → participants are called by the program nurse.

At-Home Test



OTHER CANCER SCREENING PROGRAMS

New Brunswick also has population-based screening programs for **breast** and **cervical** cancer.

For more information about any of these programs, visit www.gnb.ca/health.