

WEEKLY NEW BRUNSWICK INFLUENZA REPORT

Reporting period: June 26 to July 2nd, 2022 (week 26)

Summary

In New Brunswick, influenza activity continues to decrease

New Brunswick:

- There have been 31 positive influenza cases in week 26. Since the beginning of the season, 427 cases have been reported, 179 influenza A(H3), 247 influenza A (unsubtyped) and 1 influenza B.
- There have been 2 new influenza associated hospitalizations during week 26. Since the beginning of the season, 82 hospitalizations have been reported with 4 deaths.
- The ILI consultation rate was 104.5 per 1,000 patients visits for week 26. The ILI rate was higher than the expected levels for this time of year.
- One new influenza/ILI outbreak has been reported in week 26. Since the beginning of the season, 6 influenza outbreaks have been reported in nursing homes.

Canada:

- Updates from the National Influenza Surveillance will only be available on a monthly basis during the summer months.

International:

Seasonal influenza:

The current influenza surveillance data should be interpreted with caution as the ongoing COVID-19 pandemic have influenced to varying extents health seeking behaviours, staffing/routines in sentinel sites, as well as testing priorities and capacities in Member States. The various hygiene and physical distancing measures implemented by Member States to reduce SARS-CoV-2 virus transmission have likely played a role in reducing influenza virus transmission. Increasing activity in some areas of the temperate southern hemisphere has been reported, although global influenza activity continued to decrease following a peak in March 2022. In the temperate zones of the southern hemisphere, overall influenza activity increased in recent weeks, especially in Oceania and Southern Africa. In Oceania, influenza A detections continued to increase in some regions of Australia and in New Zealand. Influenza detections continued to increase in Southern Africa with the majority of detections reported as influenza A(H1N1)pdm09, followed by some influenza A(H3N2) and very few influenza B viruses. In temperate South America, influenza activity of predominately influenza A(H3N2) viruses decreased in Argentina, Paraguay and Uruguay, and increased in Chile. In the Caribbean and Central American countries, low influenza activity was reported with influenza A(H3N2) predominant. In tropical South America, low influenza activity was reported with influenza A(H3N2) most frequently detected followed by few influenza B viruses. In tropical Africa, influenza activity remained low with influenza A(H3N2) predominant. In Southern and South-East Asia, influenza virus detections were at low levels overall. In the countries of North America, influenza activity continued to decrease compared to the previous period and influenza positivity was higher than usual for this time of year. Activity was predominantly due to influenza A viruses, with A(H3N2) predominant among the subtyped viruses. RSV activity remained low in Canada and the United States of America. In Europe, overall influenza activity continues to decline with influenza A(H3N2) predominant among the subtyped viruses. In Central Asia, no influenza detections were reported. In Northern Africa, no influenza detections were reported. In East Asia, influenza activity of predominantly influenza A(H3N2) and influenza-like illness (ILI) activity increased in the southern provinces of China. Respiratory illness indicators remained elevated in Mongolia, though influenza detections were low. Elsewhere, influenza illness indicators and activity remained low. In Western Asia, influenza A(H3N2) was most frequently detected among reporting countries.

Emerging Respiratory Viruses:

- **COVID-19:** On December 31, 2019, a cluster of cases of pneumonia was reported in Wuhan, China, and the cause was confirmed as a new coronavirus that had not previously been identified in humans (COVID-19). As of July 8, 2022, 3,953,490 cases of COVID-19 infection in Canada have been identified with 41,932 deaths. Sixty-nine thousand five hundred and thirty-three cases have been identified in New Brunswick with 433 deaths. As of July 11, the WHO reported globally 552 504 629 confirmed cases and 6 347 816 deaths.

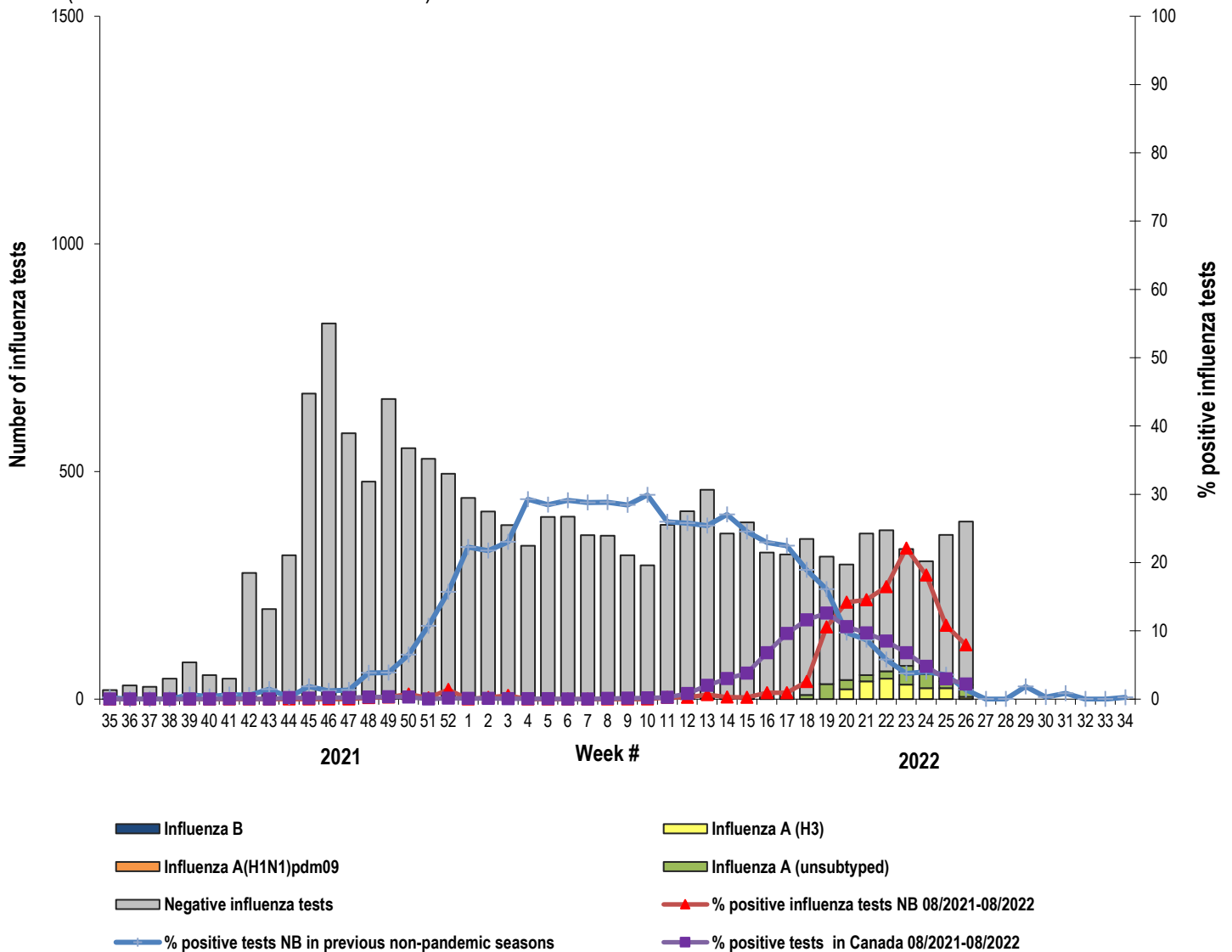
For more timely updates, please visit the following websites:

- WHO: <https://www.who.int/emergencies/diseases/novel-coronavirus-2019>
- PHAC: <https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection.html>
- NB : https://www2.gnb.ca/content/gnb/en/departments/ocmoh/cdc/content/respiratory_diseases/coronavirus.html
- **MERS CoV:**
 - WHO: [WHO EMRO | MERS outbreaks | MERS-CoV | Health topics](#)
 - CDC: <http://www.cdc.gov/coronavirus/mers/>
- **Avian Influenza:**
 - WHO: [WHO EMRO | Avian influenza | Avian influenza | Health topics](#)

1) Influenza Laboratory Data¹

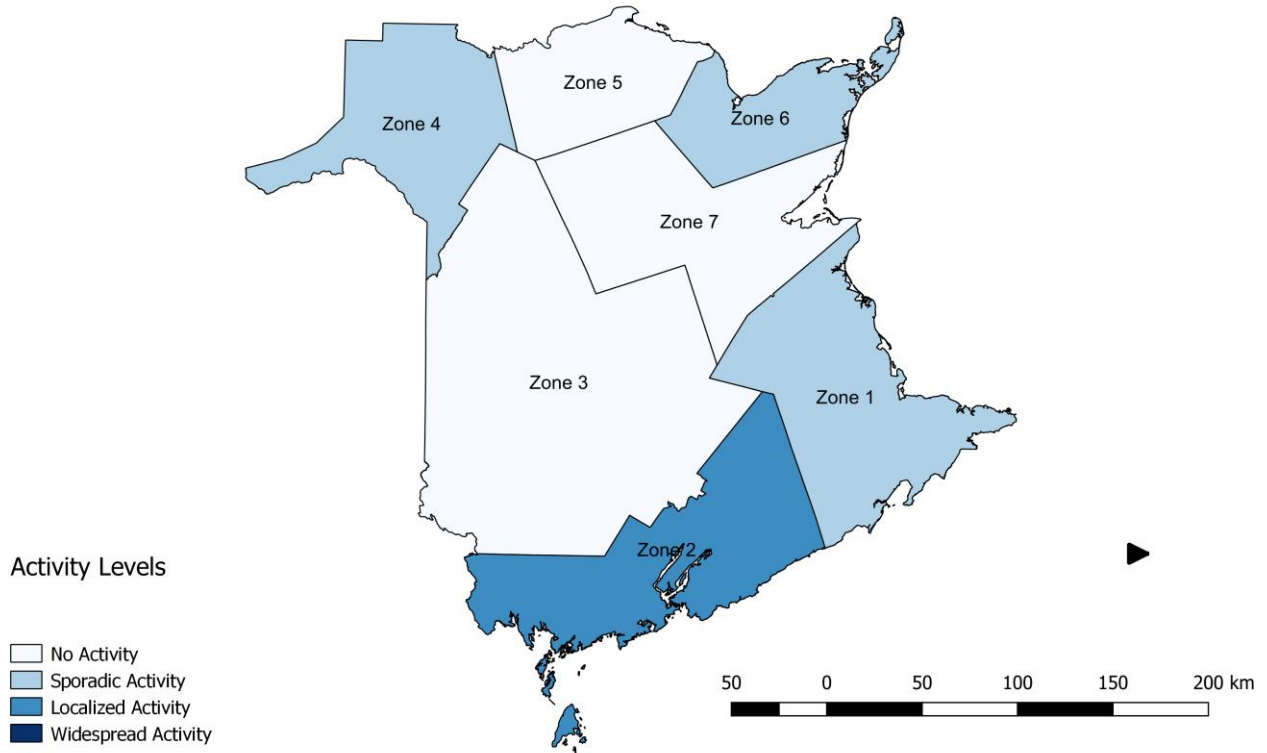
- Influenza activity continues to decrease.
- 31 influenza cases were reported during week 26; 5 influenza A (H3N2) and 26 influenza A (unsubtyped) .
- Since the beginning of the season, 427 cases have been reported; 179 influenza A(H3), 247 influenza A (unsubtyped) and 1 influenza B.

Graph 1: Number and percent of positive influenza specimens in New Brunswick by week, up to July 2nd, 2022 (data source: G. Dumont Lab results)



¹ Surveillance specimens are submitted by recruited New Brunswick Sentinel Practitioner Influenza Network (NB SPIN) practitioners, which are comprised of sites in Emergency Rooms, in Family Practice, in First Nations communities, in Nursing Home, in Universities and in Community Health Centers. Diagnostic specimens are submitted by physicians in the community/hospital setting. Influenza laboratory data is comprised of results from surveillance and diagnostic specimens. All laboratory specimens are tested using a real-time PCR assay, which is a rapid detection method designed for detection of all known variants of influenza A and B. All laboratory-confirmed cases are reported for the week when laboratory confirmation was received.

Figure 2: Influenza/ILI activity levels² by Health Zones, in New Brunswick, for week 26, season 2021/2022.



² No activity is defined as no laboratory-confirmed influenza detections in the reporting week, however, sporadically occurring ILI may be reported.

Sporadic activity is defined as sporadically occurring ILI and lab confirmed influenza detection(s) with no outbreaks detected within the influenza surveillance region.

Localized activity is defined as evidence of increased ILI with lab confirmed influenza detection(s) and outbreaks in schools, hospitals, residential institutions and/or other types of facilities occurring in less than 50% of the influenza surveillance region.

Widespread activity is defined as evidence of increased ILI with lab confirmed influenza detection(s) and outbreaks in schools, hospitals, residential institutions and/or other types of facilities occurring in greater than or equal to 50% of the influenza surveillance region.

Table 1: Positive influenza cases³ by Health Region, in New Brunswick for reporting week, cumulative current and season 2019-2020.
(data source: G. Dumont lab results up to July 2nd, 2022)

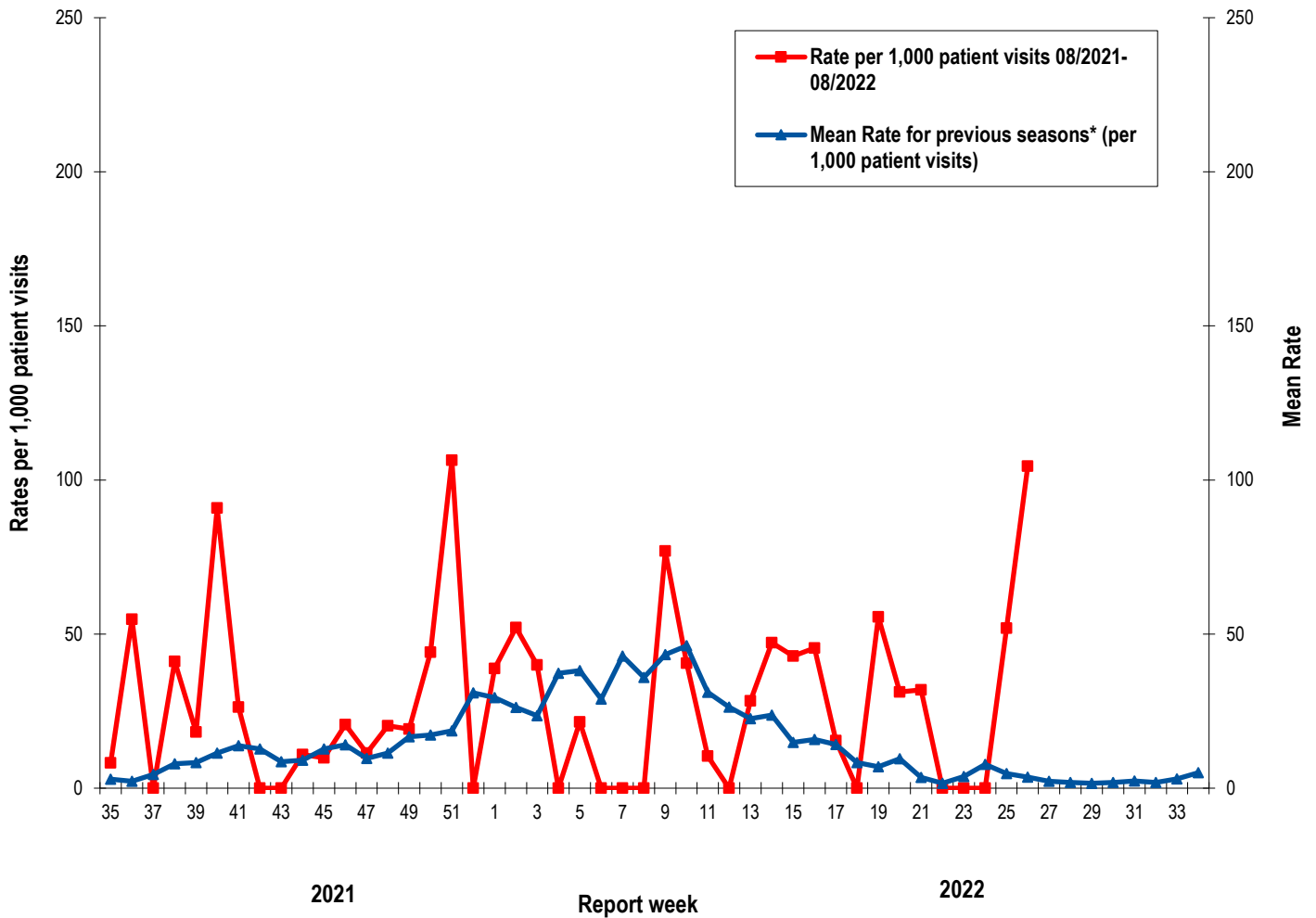
Zone	Reporting period: June/26/2022–July/02/2022						Cumulative: (2021/2022 season) Aug./29/2021 –July/02/2022						Cumulative: (2019/2020 season) Aug./25/2019 –Aug./22/2020					
	A				B	A & B co- infection	A				B	A & B co- infection	A				B	A & B co- infection
	A(H3)	(H1N1) pdm09	Unsubty ped/ Other	A Total	Total	Total	A(H3)	(H1N1) pdm09	Unsubty ped/ Other	A Total	Total	Total	(H3)	(H1N1) pdm09	Unsubty ped/ Other	A Total	Total	Total
Zone 1	5	0	11	16	0	0	124	0	110	234	0	0	9	28	324	361	665	3
Zone 2	0	0	10	10	0	0	11	0	53	64	0	0	3	11	121	135	96	2
Zone 3	0	0	0	0	0	0	33	0	54	87	1	0	1	8	102	111	188	5
Zone 4	0	0	1	1	0	0	4	0	10	14	0	0	1	7	43	51	212	1
Zone 5	0	0	0	0	0	0	1	0	7	8	0	0	10	5	85	100	17	1
Zone 6	0	0	4	4	0	0	5	0	11	16	0	0	6	7	120	133	98	1
Zone 7	0	0	0	0	0	0	1	0	2	3	0	0	0	3	65	68	103	0
Total NB	5	0	26	31	0	0	179	0	247	426	1	0	30	69	860	959	1379	13

³ A small proportion of specimens tested using Rapid Tests are not included in the total number of cases.

2) ILI Consultation Rates⁴

- The ILI consultation rate was 104.5 per 1,000 patients visits for week 26. The ILI rate was higher than the expected levels for this time of year.
- During week 26, the sentinel response rate was 16% for both the FluWatch sentinel physicians and the NB SPIN practitioners.

Graph 2: ILI Consultation Rates in New Brunswick, by report week, season 2021/22 compared to previous seasons*



* The mean rate was based on data from the 1996/97 to 2020/2021 seasons and excludes the Pandemic season (2009/10, 2020/21).

⁴ A total of 27 practitioner sites (16 FluWatch sentinel physicians and 11 NB SPIN sites) are recruited this season to report the number of ILI patients and total patient consultations one day during a reporting week.

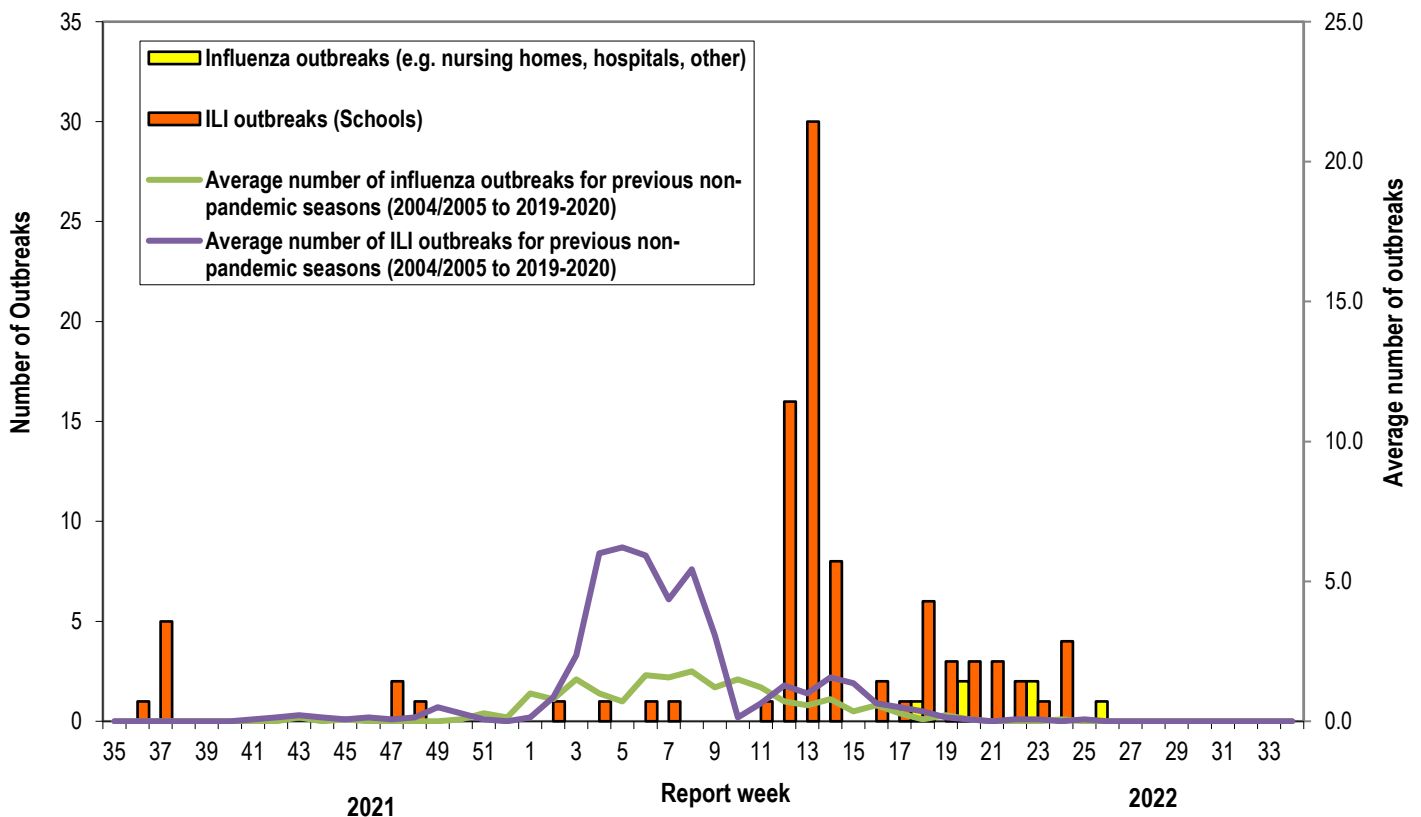
3) ILI and Laboratory-Confirmed Outbreak Data

Table 2: New ILI activity/outbreaks in New Brunswick nursing homes and schools* for the reporting week and current season.

	Reporting period: June/19/2022 to June/25/2022			Cumulative # of outbreaks season 2021-2022*
	Lab-confirmed outbreaks in Nursing homes ⁵	ILI school outbreaks ⁶ *	Lab-confirmed outbreaks in Other settings ⁴	
Zone 1	0 out of 15	0 out of 74	0	23
Zone 2	1 out of 16	0 out of 81	0	11
Zone 3	0 out of 16	0 out of 95	0	32
Zone 4	0 out of 5	0 out of 22	0	8
Zone 5	0 out of 2	0 out of 18	0	1
Zone 6	0 out of 9	0 out of 35	0	5
Zone 7	0 out of 5	0 out of 27	0	13
Total NB	0 out of 68	0 out of 352	0	93*

*During this influenza season, 2021-2022, the number of ILI outbreaks in school (based on greater than 10% absenteeism in school due to ILI symptoms, which for many schools cannot be determined) will likely be skewed due to the ongoing COVID-19 pandemic, specifically increased vigilance in schools to monitor and report absenteeism due to influenza-like-illness or COVID-like illness. Therefore, the number of ILI outbreaks in schools should be interpreted with caution and should not be compared to previous non-pandemic seasons.

Graph 3: Number of Influenza Outbreaks (nursing homes, hospitals, other)⁴ and ILI Outbreaks (schools)⁵ reported to Public Health in New Brunswick, by report week, season 2021/22.

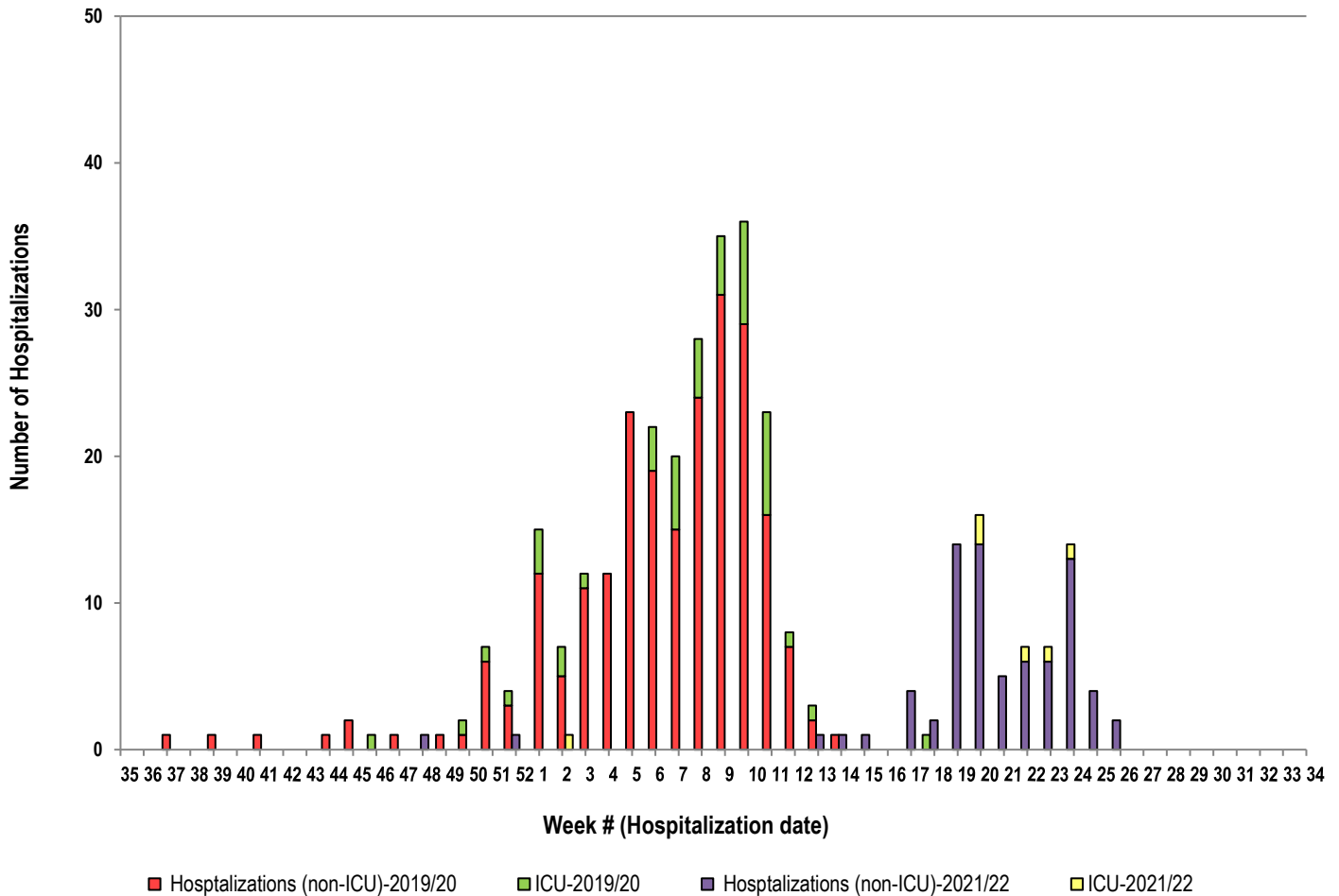


⁵ Two or more ILI cases within a seven-day period, including at least one laboratory-confirmed case of influenza. Outbreaks are reported in the week when laboratory confirmation is received.

⁶ Schools reporting greater than 10% absenteeism which is likely due to ILI.

4) Influenza associated Hospitalization⁷ and Death⁸ Surveillance⁹

Graph 4: Influenza associated Hospitalizations and ICU admissions in New Brunswick, by week of hospitalization for current and past season (2019-2020).*



*Four deaths have been reported so far in season 2021-2022.

National Flu Watch Program - Additional information on influenza activity in Canada and around the world is available on the Public Health Agency of Canada's website at: <http://www.phac-aspc.gc.ca/fluwatch/>

Other Links:

World: <https://www.who.int/teams/global-influenza-programme/surveillance-and-monitoring/influenza-updates>

Europe: http://www.ecdc.europa.eu/en/healthtopics/seasonal_influenza/epidemiological_data/Pages/Weekly_Influenza_Surveillance_Overview.aspx

PAHO: http://new.paho.org/hq/index.php?option=com_content&task=blogcategory&id=805&Itemid=569

Australia: <http://www.health.gov.au/internet/main/publishing.nsf/Content/cda-surveil-ozflu-flucurr.htm>

New Zealand: http://www.surv.esr.cri.nz/virology/influenza_weekly_update.php

Argentina: <http://www.msal.gov.ar/>

South Africa: <http://www.nicd.ac.za/>

US: www.cdc.gov/flu/weekly/

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⁷ Hospitalizations (including ICU admissions) are influenza associated; they may or may not be due to influenza.

⁸ Deaths are influenza associated; influenza may not be the direct cause of death.

⁹ In early January 2014, the Office of the Chief Medical Officer of Health implemented a new provincial surveillance system in collaboration with the Regional Health Authorities to monitor influenza-associated hospitalizations, intensive care unit admissions and deaths. A standardized Enhanced Surveillance Form is used to collect data on hospitalizations.