

Version 2.0

The Office of the Chief Medical Officer of Health Communicable Disease Control Unit

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# 1.0. SCOPE

This guide is intended to help Public Health and non-Public Health immunization providers in the prevention, mitigation, assessment and management of suspected or confirmed anaphylactic reactions in Public Health clinics, medical offices or in similar non-hospital settings.

# 2.0. ANAPHYLAXIS

# 2.1. Description

Anaphylaxis is a severe allergic reaction to a foreign substance that occurs rapidly and may be fatal in some cases.

While anaphylaxis is extremely rare, every immunization carries an associated risk of producing an anaphylactic reaction. Based on Canadian surveillance data for vaccine adverse events from 1990 to 2005, the annual rate of anaphylaxis ranges from 0.11 to 0.31 cases per 100,000 doses of vaccine distributed in Canada.

Anaphylaxis often produces signs and symptoms within minutes of exposure to an offending stimulus. Most instances begin within 30 minutes after an injection of vaccine, but some reactions might develop later.

The clinical signs usually involve multiple body systems (cutaneous, respiratory, circulatory). The symptoms of anaphylaxis are varied and, in severe cases, may progress to shock and cardiovascular collapse, characterized by, among other things, an eventual loss of consciousness.

Fatalities during anaphylaxis usually result from delay in the administration of epinephrine and from severe respiratory complications, cardiovascular complications, or both.

It is important to recognize the first signs and symptoms of anaphylaxis quickly so that treatment can be administered without delay.

# 2.2. Clinical presentation

Urticaria and angioedema are the most common manifestations of anaphylaxis. Urticaria (hives) are raised, often itchy, wheals on the surface of the skin. Angioedema is a swelling similar to urticaria, but the swelling is beneath the skin rather than on the surface. The swellings, called welts, usually occur around the eyes and lips. They may also be found on the hands, feet, and neck and in the throat.

Features of early or mild anaphylaxis may include swelling and hives at the injection site, sneezing, nasal congestion, tearing, coughing and facial flushing. These symptoms are generally associated with minimal dysfunction.

Features of moderate to severe anaphylaxis include obstructive swelling of the upper airway, hypotension and marked bronchospasm (constriction of the air passages of the lung by spasmodic contraction of the bronchial muscles).

Table 1: Frequency of occurrence of signs and symptoms of anaphylaxis				
Signs and symptoms	Approximate frequency			
Cutaneous	90%			
Generalized urticaria (hives)and/or angioedema	85 – 90%			
(welts)				
Flushing	45 – 55%			
Pruritus (itchiness) with or without rash	2-5%			
Respiratory	40 – 60 %			
Upper airway angioedema (stridor)	50 - 60%			
Dyspnea (difficulty breathing), wheeze	45 – 50%			
Rhinitis (nasal congestion)	15 – 20%			
Dizziness, syncope (fainting), hypotension	30 – 35%			
Abdominal				
Nausea, vomiting, diarrhea, cramping pain	25 - 30%			
Miscellaneous				
Headache	5 – 8%			
Substernal (chest) pain	4 - 6%			
Seizure	1 – 2%			
From: The diagnosis and management of anaphy	laxis: an undated narameter (2005)			

From: The diagnosis and management of anaphylaxis: an updated parameter. (2005). Journal of Allergy and Clinical Immunology, 115, S483-523.

# 2.3. Assessment

To assess adequately the nature of any post-immunization reaction that could be of an anaphylactic nature, it is important to assess comprehensively the various organ systems that may be implicated:

- Cardiac:
  - Level of consciousness (impairment might reflect hypoxia)
  - Pulse rate (assess for rapid, weak, irregular pulse).
  - Pallor or cyanosis around perioral area
  - Capillary refill time (if a compromise in perfusion is suspected)
  - Blood pressure, if required equipment is available
- Respiratory:
  - Hoarse cry/voice, stridor (a high-pitched noisy sound occurring during inhalation), cough, wheezing, shortness of breath or labored breathing, use of accessory muscles, etc.
  - Respiratory rate
- Cutaneous:
  - Injection site(s) redness, swelling or hives
  - Facial flushing, itching, hives or welts and their extent, angioedema, other rashes
- Gastrointestinal system:
  - nausea, vomiting, diarrhea, abdominal pain

Record full details of the assessment. The use of the "Worksheet for Assessment and Treatment of Anaphylaxis" is strongly encouraged to record observed signs and symptoms as well as evolution and treatments provided (See Section 10.0)

In general, the sooner the onset, the more rapidly evolving and severe the anaphylactic reaction.

# 3.0. PRE- AND POST-IMMUNIZATION ASSESSMENT

# 3.1. Pre-immunization

Before each immunization visit, each client should be questioned with regard to known allergies or past adverse reactions to a vaccine(s) or its components.

If a client reports having an anaphylactic reaction (or other, moderate to severe reaction that may be of allergic nature) to a previous dose (or component) of the vaccine to be administered during the visit, a recommendation from the physician providing the direct order or medical directive should be sought on how to proceed (if applicable). In the case of Public Health, the regional Medical Officer of Health (MOH) should be contacted on how to proceed. If the MOH is not available, the MOH on-call pager should be used to reach an available MOH. If no physician/MOH can be reached at that time, vaccination should be postponed until the situation can be discussed with an MOH.

# 3.2. Post-immunization

Advise recipients of any biological product (i.e., vaccine) to remain under supervision for at least 15 minutes after immunization, regardless of whether they have had the particular product previously. Thirty minutes is a safer duration when a client has had a prior allergic reaction to the biological product or a component of the biological product. Longer periods of observation (i.e. 30 minutes or more) are appropriate if localized reaction or minor systemic symptoms occur to monitor any progression.

Routine supervision should ensure that clients remain within a short distance of the vaccinator with the instruction that they ask someone to get the nurse for them immediately if they feel unwell.

When clients choose not to remain under supervision after immunization, they (or their parent/guardian) should be informed of the signs and symptoms of anaphylaxis and instructed to obtain immediate medical attention should symptoms occur.

The risk of fainting is the most common reason to keep clients under observation.

# 4.0. DIFFERENTIAL DIAGNOSIS OF ANAPHYLAXIS

Anaphylaxis must be distinguished from fainting (vasovagal syncope), anxiety and breathholding spells, which are more common and benign reactions.

#### 4.1. Vasovagal reaction

During a vasovagal reaction, the client suddenly becomes pale, feels dizzy and may lose consciousness and collapse. Fainting is sometimes accompanied by brief clonic seizure activity (i.e., rhythmic jerking of the limbs), but this generally requires no specific treatment or investigation. The client should be place in a recumbent position, turned on his/her side, with slight pronation. This will help prevent aspiration and keep the airway open while the client is unconscious, especially if seizure activity is present.

Recovery of consciousness occurs within a minute or two, but clients may remain pale, diaphoretic and mildly hypotensive for several more minutes. **If unconsciousness persists** 

# for more than two to three minutes, call 911/ambulance and proceed as per emergency treatment for anaphylaxis. Unconsciousness may reflect hypoxia.

The lack of hives, a slow, steady pulse rate and cool pale skin distinguish a vasovagal episode from anaphylaxis.

Prior to immunization, ask the client about the history of fainting with previous immunizations.

To reduce the likelihood of fainting (and the possibility of injuries), consider the following measures to lower stress in those awaiting immunization:

- seat every client prior to immunization
- maintain a comfortably cool room temperature and, if possible, with plenty of fresh air
- avoid long line-ups in mass immunization clinics
- prepare vaccine(s) out of view of recipients
- provide privacy during vaccination
- if the client is anxious and pale but remains conscious: have him or her lie down with legs slightly elevated, reassure, and apply cold wet cloth to face.

If the client was lying down, have him or her sit for a few minutes before standing.

# 4.2. Anxiety / pain reaction

Clients experiencing an anxiety reaction may appear fearful, pale and diaphoretic and complain of lightheadedness, dizziness and numbness, as well as tingling of the face and extremities. Hyperventilation is usually evident.

If a client appears anxious, it may be helpful to have him or her re-breathe into a paper bag until symptoms subside. This technique must be used with caution and should be a last resort option to address anxiety-related hyperventilation since an anaphylactic reaction misdiagnosed as anxiety could worsen the associated hypoxia by the use of paper bag rebreathing.

# 4.3. Breath-holding spells

Breath-holding spells occur in some young children when they are upset, crying hard, and reacting to injection pain. With breath-holding, the child is suddenly silent, but obviously agitated. Facial flushing and perioral cyanosis deepens as breath-holding continues. Some spells end with resumption of crying, but others end with a brief period of unconsciousness during which breathing resumes. Occasionally, the breath-holding spell may be accompanied by brief clonic seizure activity. Similar spells may have been observed in other circumstances. No treatment is required beyond reassurance of the child and parents.

# 4.4. Allergic Reaction

Allergic reactions constitute a spectrum, the extreme end of which is anaphylaxis, but milder forms may involve both the dermatologic/mucosal (e.g., urticaria, pruritus, rhinitis) and/or the respiratory systems (e.g., sneezing, rhinorrhea, etc.). Anaphylaxis is set apart from simple allergic reactions by the simultaneous involvement of the cardiovascular system and loss of intravascular volume as well as respiratory obstruction.

# 4.5. Injection-site reactions

A mild local reaction resolving by itself within a few minutes does not require special observation.

If swelling and hives occur at the injection site(s):

- Keep the client under **direct observation** for at least 30 minutes to ensure the reaction remains localized
- Observe for any deterioration in condition
- If hives or swelling disappears, or there is no evidence of any progression to other parts of the body or any other symptoms within the 30-minute observation period, no further observation is necessary. Release the client from observation.
- If any other symptoms arise, even if considered mild (e.g., sneezing, nasal congestion, tearing, coughing, facial flushing) or if there is evidence of any progression of the hives or swelling to other parts of the body, administer epinephrine.
- There is little risk to the precautionary use of epinephrine, whereas delay in its administration (when required) may result in difficulty to treat anaphylaxis and eventual death
- Apply ice for comfort.

The following table provides a comparison of the key features of anaphylaxis, vasovagal reactions and anxiety reactions:

	ANAPHYLAXIS	VASOVAGAL	ANXIETY
DEFINITION	An acute systemic and potentially fatal allergic reaction to a foreign substance. IgE-mediated antibody induces histamine release from tissue mast cells.	A temporary unconsciousness caused by diminished blood supply to the brain due to painful stimuli or emotional reaction.	A protective physiological state recognized as fear, apprehension, or worry.
ONSET	Usually slower, most instances begin within 30 minutes after immunization.	Sudden, occurs before, during, or shortly after immunization; recovery occurs within one to two minutes	Sudden, occurs before, during, or shortly after immunization; recovery occurs within one to two minutes
SKIN	<ul> <li>warm, clammy and flushed</li> <li>pruritus and urticaria (&gt;90% of cases)</li> <li>progressive, painless swelling (face, mouth and tongue)</li> </ul>	<ul> <li>pale</li> <li>excessive perspiration</li> <li>cold, clammy</li> </ul>	<ul> <li>pale</li> <li>excessive perspiration</li> <li>cold, clammy</li> </ul>
BREATHING	<ul> <li>sneezing, coughing, wheezing, labored breathing</li> <li>upper airway swelling (hoarseness and/or difficulty</li> <li>swallowing) possibly causing airway</li> </ul>	<ul> <li>normal or shallow, irregular, labored</li> </ul>	<ul> <li>rapid and shallow (hyperventilation)</li> </ul>

	obstruction		
PULSE	• rapid, weak, irregular	<ul> <li>slow, steady</li> </ul>	<ul> <li>rapid</li> </ul>
BLOOD PRESSURE	<ul> <li>hypotension which may progress to shock and collapse</li> </ul>	<ul> <li>decreased systolic and diastolic</li> </ul>	<ul> <li>normal or elevated systolic</li> </ul>
SYMPTOMS and BEHAVIOURS	<ul> <li>uneasiness, restlessness, agitation</li> <li>not all signs/symptoms will be exhibited in each person; usually one body system predominates.</li> </ul>	<ul> <li>fearfulness</li> <li>light-headedness</li> <li>dizziness</li> <li>numbness, weakness</li> <li>sometimes accompanied by brief clonic seizure activity</li> </ul>	<ul> <li>fearfulness</li> <li>light-headedness, dizziness</li> <li>numbness, weakness</li> <li>tingling around lips and spasm in the hands and feet</li> <li>hyperventilation</li> </ul>
GASTRO- INTESTINAL	<ul> <li>nausea and vomiting</li> <li>abdominal pain, diarrhea</li> </ul>	<ul> <li>- nausea</li> </ul>	<ul> <li>- nausea</li> </ul>
OTHER SYMPTOMS	<ul> <li>loss of consciousness</li> <li>progression of injection site reaction beyond hives and swelling</li> </ul>	<ul> <li>Loss of consciousness is possible; of short duration (one to two minutes)</li> </ul>	<ul> <li>loss of consciousness in severe cases; of short duration</li> </ul>

# 5.0. EMERGENCY TREATMENT OF ANAPHYLAXIS

- 1. Call for assistance. Call 911 / ambulance. Do not leave the client under any circumstances.
- 2. Position the client in the recumbent position and elevate legs, as tolerated symptomatically. This slows progression of circulatory compromise, if present, by preventing orthostatic hypotension and helping to divert effective circulation from the periphery to the head, heart and kidneys.
- 3. Administer aqueous epinephrine (1:1,000) IM or SC into an unimmunized limb **immediately**.

Dose: 0.01ml/kg to maximum of 0.5ml OR:					
2 – 6 months	0.07 ml				
7 – 12 months	0.10 ml				
13 months – 4 years	0.15 ml				
5 years	0.20 ml				
6 – 9 years	0.30 ml				
10 – 13 years	0.40 ml				
≥ 14 years	0.50 ml				

The most important step in the management of anaphylaxis is the immediate administration of aqueous epinephrine 1:1,000. Failure to use epinephrine promptly is more dangerous than its improper use. There is no contraindication to epinephrine administration in anaphylaxis.

IM injection of epinephrine into the thigh is the preferred route for administration.

DO NOT inject epinephrine into the same muscle mass (e.g., thigh) as the vaccine was administered (this may increase blood flow locally, thereby increasing absorption of the agent).

If both thighs were used for immunization:

- give epinephrine IM into deltoid if client is > 12 months old
- give epinephrine SC into upper outer triceps area of the arm(s) if the client is < 12 months old

If both thighs and both arms were used for IM immunizations, give epinephrine **SC** into upper outer triceps area of the arm(s) or into the fatty area of the anterolateral thigh.

Injection of epinephrine can be made through clothing, if necessary.

**Note:** An epinephrine self-injector (Epipen or Twinject) can also be used in the situation when the immunization-provider is not present and if the layperson who administers the self-injector is knowledgeable about proper use. The regular preparations contain 0.3mL of epinephrine 1:1,000 and can be used for individuals older than six.

If a client or his or her parent/guardian refuses the administration of epinephrine when it is indicated, inform them of the risk and immediately call 911 or an ambulance to arrange for transfer to an acute-care facility. The administration of diphenhydramine hydrochloride (Benadryl) is not appropriate in this situation. Diphenhydramine hydrochloride should not administered in the treatment of anaphylaxis.

- 4. Previously, Benadryl was indicated as an adjunct to Epinephrine in anaphylaxis. Diphenhydramine (Benadryl) is NOT INDICATED in anaphylaxis. Antihistamines are not indicated as initial first line treatment in the emergency management of anaphylaxis as there is no effect on respiratory or cardiovascular symptoms and they are of little clinical importance in life-threatening anaphylaxis based on current evidence. H1 antihistamines (e.g. Benadryl) relieve localized and less severe systemic allergic reactions and the only useful clinical effect is the improvement of itch and hives.<sup>4, 13, 14</sup>
- 5. After administration of epinephrine, monitor and document vital signs (pulse, respiration, level of consciousness and blood pressure (if possible)) and reassess the client frequently until transport to the hospital.
  - If the client experiences respiratory difficulty: elevate head and chest slightly.
  - If airway is impaired: improve position by using head tilt, chin lift, or jaw thrust.
  - If vomiting is likely: turn the client to side-lying position.

Table 2: Pulse and respiratory rates						
Age	Heart (pulse) rate per minute, upper limit	Respiratory rate per minute, upper limit				
0-1 mo	180	60				
2-12 mo	160	50				
12-24 mo	140	40				
2-6 y	120	30				
6-12 y	110	20				
>12 y (adult)	100	20				
From: Emergency Medicine: A comprehensive study guide. 6th edition. (2004). McGraw Hill.						

6. Repeat dosing of epinephrine: If major symptoms (i.e., breathing difficulties, level of consciousness, etc.) do not improve or worsen after the first dose, additional doses of epinephrine are warranted.

- Repeat epinephrine twice at five-minute intervals, as needed (maximum: three doses)
- Alternate right and left thigh or arm sites for repeat doses of epinephrine (to maximize absorption of epinephrine).

# 6.0. CLIENT TRANSPORT

Transfer the client to a hospital as quickly as possible once the first aid procedures were performed. Because 20 per cent of anaphylaxis episodes follow a biphasic course with recurrence of the reaction after a two- to nine-hour asymptomatic period, hospitalization or a long period of observation is recommended for monitoring.

# 7.0. RECORDS AND REPORTING

Document the administration of epinephrine and diphenhydramine hydrochloride. The "Worksheet for Assessment and Treatment of Anaphylaxis" (Section 10.0) can be used as an interim record for data collection before entry of the information into the Client Service Delivery System (CSDS – Public Health IT system). **Do not** send this form to the provincial Communicable Disease Control Unit (CDC Unit). Report the case of anaphylaxis under the CSDS "Adverse Events Tab." Record the signs and symptoms in the comments field.

The use of the worksheet by all immunizers is **strongly encouraged** since it facilitates complete assessment and documentation of signs, symptoms and care provided. This will also facilitate Adverse Event Following Immunization (AEFI) reporting and the assessment of follow-up evaluations as required.

A detailed record of the incident using the New Brunswick AEFI reporting form should be completed by the immunization-provider and submitted to the local Public Health office (or, in the case of Public Health immunizers, directly to the MOH) for review and recommendations on future vaccinations. Record the MOH recommendations (i.e., contraindications, precautions, vaccination in controlled setting, etc.) in the client's personal and electronic immunization record. Also, ensure the MOH recommendations are shared with the client.

# 8.0. MAINTENANCE OF EPINEPHRINE AND OTHER EMERGENCY SUPPLIES

Check epinephrine vials and other emergency supplies prior to each immunization clinic or at least once a month and replace if outdated.

Protect epinephrine from light and open vial(s) only when ready to use.

Do not pre-load a syringe with epinephrine in anticipation of a reaction. Epinephrine rapidly deteriorates and loses potency when exposed to oxygen.

**Suggested** anaphylaxis kit contents:

- A copy of this guideline and "Worksheet for Assessment and Treatment of Anaphylaxis"
- 3 x 1 mL ampoules of epinephrine 1:1,000 aqueous solution (within expiration time frame)
- 3-1 cc syringes and needles (25 27 gauge, 1" needle)
- 3- 1cc syringe and needle (25 27 gauge, 1 <sup>1</sup>/<sub>2</sub>" needle)
- 2- 1cc syringes and needles (25 27 gauge, 5/8") for SC route
- Extra needles
- A pocket mask with one-way valve

- Bag valve mask ("Ambu bag") (optional)
- Alcohol swabs
- Pens/paper
- Sphygmomanometer (optional)
- Stethoscope (optional)
- Up-to-date contact info for an Immunization Coordinator, the regional MOH as well as the MOH on-call pager

# 8.1. Aqueous epinephrine (adrenaline)

#### Action of epinephrine

- Counteracts the histamine-induced vasodilation
- Increases heart rate and cardiac contractility to increase oxygenated blood flow to vital organs
- Acts on smooth muscles of bronchial tree thereby reducing bronchospasm
- Suppresses body's immune response (slows down histamine cascade).

#### Composition

Each 1 mL dose of aqueous epinephrine 1:1,000 contains:

• 1 mg of epinephrine hydrochloride dissolved in a isotonic sodium chloride solution

#### Supply

1 mL ampoule of clear liquid

#### Storage

- Keep in the manufacturer's box at room temperature of 15° to 30°C
- Avoid exposure to light
- Do not refrigerate
- Do not freeze
- Do not administer this product if it has a pinkish or darker than slightly yellow colour or contain a precipitate
- Do not use after expiration date

#### Indications

Severe immediate hypersensitivity reaction to immunizing products

#### Contraindication

There is no contraindication in the event of anaphylaxis.

#### Precautions

In case of complication related to the first dose of epinephrine (e.g., cardiac arrhythmia, angina, hypertension), do not repeat the dose unless the benefits outweigh the risks.

Clients taking beta-blockers may have a reduced response to epinephrine. However, the anaphylaxis management protocol should be applied without modification. The appropriate treatment will be administered at the hospital.

#### Adverse reactions following administration of epinephrine

Excessive doses of epinephrine may cause palpitations, tachycardia and sudden increase of blood pressure, nausea, vomiting and headache. More serious reactions are more likely to occur in clients in poor health. Although unpleasant, such effects are transient. Cardiac dysrhythmias may occur in older adults, but they are rare in otherwise healthy children.

# 9.0. MAINTENANCE OF IMMUNIZATION COMPETENCIES

All healthcare professionals involved in immunization should be able to demonstrate competence, understanding, clinical skills and current evidence-based knowledge on anaphylaxis recognition and management. Competency in anaphylaxis management is an individual professional responsibility and is guided by professional practice standards, employer policy(s) and evidence-based research.

It is strongly recommended by the Office of the Chief Medical Officer of Health that all healthcare professionals who immunize, undertake specific immunization training as outlined in the Public Health Agency of Canada Immunization Competencies for healthcare professionals (dated November 2008) before administering vaccines and biological products. This program is intended to help healthcare professionals to fulfill their roles as vaccine-providers and to ensure safe and competent immunization practice.

It is also recommended that all vaccine-providers maintain their competencies and ongoing education regarding current anaphylaxis treatment practices through refresher courses each year.

# 10.0. WORKSHEET FOR ASSESSMENT AND TREATMENT OF ANAPHYLAXIS

This form is strongly encouraged to be used to document each suspected case of anaphylaxis following administration of vaccine(s).

Client Information							
Client Name:	Surnama / Civan Nama	Birth Date:	/	<u> </u>	_Medicare #:		
	Sumame / Given Name		<i>uu / mm /</i>	УУУУ			
Parent / Gard	ian:	Gend	er: 🗆 Male	□ Fe	emale Telephone:		

Vaccine Information							
Vaccine(s)	Dose	Route	Site	Lot Number			
administered							

	<u> </u>		<u> </u>			T	
I							
Date of vaccination: / / Approximate time of administration:							
dd/mm/vvvv							
Vaccine administered by		<u> </u>		Conta	ct info	ormatio	n:
<u>Client Llister</u>							
Asthmatic under regular				No		Vaa	(give details of acycrity /
medical treatment:		Unknown		INO		res	(give details of severity / medications)
Eczema:		Unknown		No		Yes	
History of allergies to any		Unknown		No		Yes	(give details of components /
vaccine component(s):	<u> </u>						reaction)
History of allergies in		Unknown		No		Yes	(list and give details)
Immediate family:	+-	Linknown		No		Voc	(give details of reaction)
client:		UTIKITOWIT		INU		165	(give details of reaction)
History of anaphylaxis in		Unknown		No		Yes	(give details of reaction /
family:							relationship)
Prior severe reactions to		Unknown		No		Yes	(give details of reaction /
any vaccines:	<u> </u>			Na	_	Vaa	Vaccine(s))
Current medications:		Unknown		INO No		Yes	(IISt)
Recent or concurrent		Unknown		INO		Yes	(give details of infection)
Recent or concurrent		Unknown		No		Yes	(give details of illness /
relevant non-infectious		Children		110		100	condition)
illness or medical							
condition(s):							
Additional details:							
Client's past immunization hi	story:						
Assessment and care prov	ided						
Initial vital signs (if recorded)							
RD: Dulco			D,				Tomp
BP Puise	•			esp			remp
When were vital signs taken	in rela	ation to the ti	me of	the re	eactio	n and t	reatment?
Indicate approximate time of onset of symptoms:							
Indicate all signs and symp	otoms	exhibited b	ov the	clien	t:		
	uncor						
□ Generalized erythema		⊠ Re	d and	itchy	eyes		
□ Angioedema:		generalized		0	r	□ loc	alized

□ Urticaria (hives):	□ generalize	ed	or	Iocalized	at injection site		
	□ with skin r	ach	or	□ without a	skin rash		
		a311	01		MITTASIT		
□ Tingling or prickle sensation:	□ generalize	ed	or	□ around t	he mouth or limbs		
Cardiovascular (check all that	apply):		_				
Measured hypotension		S	□ syne	cope			
Reduced peripheral circulation	n (at least 2 c	of the follow	ing):				
🗆 Tachycardia 🛛 Capil	lary refill time	e >3 secono	ds witho	out hypotensi	on		
					of consciousness		
	st 3 of the to	liowing):		<b>.</b> .			
		apillary refil	ll time >	3 seconds			
☐ Reduced central pulse vol	ume 🗆 D	ecreased le	evel of o	consciousnes	S		
Despiratery (sheek all that any							
Respiratory (check all that app	oly):						
	sm)						
☐ Hoarse voice							
□ Sensation of throat closure							
□ Sneezing, rhinorrhea							
□ rapid respiratory rate							
□ Upper airway swelling (lip, ton	Upper airway swelling (lip, tongue, throat, uvula, larynx)						
□ Difficulty breathing (without wheeze or stridor)							
□ Respiratory distress (at least 2	2 of the follov	ving):					
🗆 Tachypnoea 🛛 Increa	ased use of a	accessory r	espirato	ory muscles			
□ Cyanosis □ Grunt	ing						
Gastrointestinal (check all that	t apply):						
🗆 Diarrhea 🛛 Nausea	Abdomina	ıl pain	□ Von	niting			
Other (please specify):							
Medical administration							
Pulse Resp	Dose:	Route	Site:	5	Signature of provider:		
Epinephrine #1							

Epinephrine #1							
Time: Lot#							
PulseResp	Dose:	Route:	Site:	Signature of provider:			
Epinephrine #2							
Time: Lot#							
PulseResp	Dose:	Route:	Site:	Signature of provider:			
Epinephrine #3							
Time: Lot#							
Attended by paramedics:  No	Attended by paramedics:  No  Yes Transfer to hospital:  No  Yes						
Time of transfer to hospital/release to paramedics:							
Released to care of family: $\Box$ No $\Box$ Yes							
Time of release to family:							

Released to care of GP: □ No □ Yes Time of release to GP:						
**Please ensure a copy of any additional assessment and care notes are attached to this						
document.	Signature (a):					
Date:						

# 11.0. REFERENCES

American Academy of Pediatrics. (2006). Red Book: Report of the committee on infectious diseases. (27th ed.). Elk Grove Village, IL

British Columbia Communicable Disease Control Immunization Manual. Anaphylaxis Section. February 2009.

Brown, S.G.A., Mullins, R.J., & Gold, M.S. (2006). Anaphylaxis: diagnosis and management. MJA Practice Essentials – Allergy. 185, (5) 283 – 289.

BC: Anaphylaxis: Initial Emergency Treatment by Nurses (Adult & Pediatric) Clinical Decision Support Tool:

http://www.bccdc.ca/resource-

gallery/Documents/Guidelines%20and%20Forms/Guidelines%20and%20Manuals/Immunization/ /Vaccine%20Info/Anaphylaxis-Provincial\_DST.pdf

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