

## Coronavirus: Work travel to the United States

Updated: March 20th, 2020

Federal and provincial public health leaders have recommended that all travellers from outside of Canada self-isolate for 14 days. These efforts will contribute to slow the introduction and spread of COVID-19 in Canada. At this time exceptions are being made for certain individuals travelling to the United States from New Brunswick, but this is subject to change.

At the same time, the continued global movement of goods and the ongoing delivery of essential services will be important for Canada's response to COVID-19.

Consequently, an exemption to the request to self-isolate for 14 days should be provided to workers who are essential to the movement of goods and people. For example, this exemption would apply to:

- healthy workers in the trade and transportation sector who are important for the movement of goods and people across the border, such as truck drivers and crew on any plane, train or marine vessel crossing the border
- healthy people who must cross the border to go to work, including health care providers and critical infrastructure workers
- New Brunswick residents who cross the US border daily to attend work
- residents of Campobello Island who must cross the border to access essential goods or services

Workers in these sectors should practice social distancing (maintain a distance of at least 2 metres from others), closely self-monitor, should they exhibit any symptoms they should self-isolate and immediately call Tele-care 8-1-1 for advice. For example, workers who need to travel to work in the United States, should travel directly to their place of employment and then back to their home in New Brunswick. It is recommended that employers in these sectors conduct active daily monitoring of their staff for COVID-19 symptoms (i.e. checking for cough, fever, or shortness of breath). Workers are advised to avoid older people and those with a weakened immune system or underlying medical condition(s) who are at a higher risk of developing severe disease.

For more information please refer to [www.gnb/coronavirus.ca](http://www.gnb/coronavirus.ca)