

Summary of COVID-19 measures and restrictions for New Brunswick Adult Residential Facilities and Nursing Homes

Purpose: provide quick reference table of applicable measures for each alert level as declared by Public Health. Please note the following:

- Associated measures/restrictions listed below have been approved by the NB Pandemic Task Force.
- This table is intended as a framework only. Based on the risk assessment, Medical Officer of Health may reinstate any restrictions in the absence of a Provincial Alert Level change.
- This does not apply to facilities in outbreak, please refer to outbreak table.

November 5, 2020					
ALERT LEVEL		RED COVID-19 is no longer controlled.	ORANGE Significant risk that COVID-19 is no longer controlled.	YELLOW COVID-19 is controlled, still a risk of community transmission.	GREEN Vaccine, herd immunity or effective treatment.
OUTCOME		Strong restrictions to limit unnecessary movement of people and contacts to contain community transmission, and to prevent outbreaks in NHs and ARFs.	Restrictions and limitations to address a high risk of community transmission.	Physical distancing and standard public health measures to mitigate risk associated with sporadic cases or clusters.	Population prepared for future communicable disease outbreaks.
FACILITY ACCESS		All access to be restricted to single entry, which must be monitored. Keep a log of all persons entering the building (including staff). Contact information on all visitors (name and phone number) should be obtained.			No additional COVID requirements.
SCREENING	staff (including essential health service providers)	Active.	Active.	Passive.	Self Monitor.
	Must immediately report onset of any symptoms during a shift to their supervisor/manager.				
	visitors (including volunteers, non-essential service providers, designated support person etc.)	Active.	Active.	Active.	Passive.
new admissions		Active.	Active.	Active.	Passive.
RESIDENT ASSESSMENTS		Twice daily, more if clinically indicated.	Twice daily, more if clinically indicated.	Twice daily at a minimum.	No additional COVID requirements.
RESIDENT TESTING & ISOLATION		Any resident exhibiting 1 or more sign or symptom of COVID-19 should be placed on droplet/contact precautions and tested as per the established protocols for your facility and report to Public Health within 1 hour.			
MASKS	staff (direct care)	Medical mask mandatory.	Medical mask mandatory.	Medical mask mandatory.	
	staff (non-direct care)	Medical mask mandatory.	Community mask.	Community mask.	
	visitors	Medical mask mandatory.	Community mask mandatory.	Community mask mandatory.	
PHYSICAL DISTANCING	staff	Keep 2m apart all times does not apply when part of essential care/services (e.g. DSP or activity) and resident bubble			
	residents	Keep 2m apart all times does not apply when part of essential care/services (e.g. DSP or activity) and resident bubble.			
	general visitors	N/A (not open to general visitors).	Keep 2m apart all times.	Keep 2m apart all times.	
STAFF MOBILITY		Restricted to one facility (or as directed by PH and based on outbreak situation in area).	Recommend working in only one facility (or as directed by PH and based on outbreak situation in area).	Recommend working in only one facility.	No additional COVID restrictions.

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ADMISSIONS	from community to NHs and ARFs with occupancy of >10 residents	14-day droplet/contact precautions.	Droplet/contact isolation precautions for 7 days, offer test on Day 5, and release from isolation on Day 7 if test negative. *If test cannot be performed droplet/contact precautions are required for 14 days.	No droplet/contact isolation precautions.	No additional COVID restrictions.
	from community to ARFs with occupancy < 10 residents	Stay in room as much as possible.	Stay in room as much as possible.	Stay in room as much as possible.	No additional COVID restrictions.
	from hospital, NH or ARF	Droplet/contact isolation precautions for 7 days, offer test on Day 5, and release from isolation on Day 7 if test negative. *If test cannot be performed droplet/contact precautions are required for 14 days.	Stay in room as much as possible.	No droplet/contact isolation required.	No additional COVID restrictions.
MEDICAL APPOINTMENTS (including visits to ER, not requiring overnight admission)		Consider virtual option. Consult with resident's primary attending physician if virtual appointment not available. No isolation precautions required upon return.	Consider virtual option. Consult with resident's primary attending physician if virtual appointment not available. No isolation precautions required upon return.	Consider virtual option as first choice, may go to medical appointments if all PH measures followed. No isolation precautions required upon return.	No additional COVID restrictions.
LEAVE OF ABSENCE (RESIDENT)		Permitted for facilities who are not in outbreak.			No additional COVID restrictions.

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VISITATION	virtual	No restrictions.	No restrictions.	No restrictions.	No restrictions.	
	outdoor	Prohibited.	Permitted if limited to maximum of 10 people with safe physical distancing among all individuals (minimum 2 meters) and continuous mask use. Or as directed by RMOH.	Area on the facility's premises, such as garden or yard to allow safe physical distancing among all individuals.	No additional COVID restrictions.	
	indoor	palliative	Permitted for residents who have a Palliative Performance Scale (PPS) of 40% or less , or at the discretion of the attending physician, medical advisor or MOH.	Permitted for residents who have a Palliative Performance Scale (PPS) of 40% or less , or at the discretion of the attending physician, medical advisor or MOH.	Permitted for residents who have a Palliative Performance Scale (PPS) of 40% or less , or at the discretion of the attending physician, medical advisor or MOH.	No additional COVID restrictions.
		designated support person (DSP)	Permitted.	Permitted.	Permitted.	No additional COVID restrictions.
		essential volunteers	Prohibited.	Permitted.	Permitted.	No additional COVID restrictions.
		general visitors	Prohibited.	Prohibited.	Maximum capacity of 20% of residents can have general visitors per day	No additional COVID restrictions.
	offsite	Prohibited.	Prohibited.	Permitted.	No additional COVID restrictions.	
	gifts/food	Permitted if item is non-perishable and can be cleaned and disinfected. Please note: Plants/Flowers should be placed in an area where they can be seen but not handled or touched by the resident.			No additional COVID restrictions.	