

A1	Listening	Reading	Oral interaction	Oral production	Writing
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A1.1	<ul style="list-style-type: none"> I can understand simple personal questions about myself. I can understand simple basic greetings. I can understand very simple instructions and tasks. I can understand very simple words and descriptions. 	<ul style="list-style-type: none"> I can understand very simple written instructions. I can understand certain expressions and very simple sentences in very simple texts. I can understand a very simple invitation. 	<ul style="list-style-type: none"> I can say that I do not understand or that I do not know. I can tell people my name and I can ask other people their name. I can talk to someone using simple words. I can use basic greetings to say hello or goodbye, see you tomorrow. 	<ul style="list-style-type: none"> I can name some very common objects such as foods, drinks, clothing and body parts. I can count out loud from 1 to 100. I can share simple information about myself (name, age, address). I can say where I live. I can spell my name out loud. 	<ul style="list-style-type: none"> I can write very familiar words. I can write very simple, short sentences using a model. I can fill in a simple form with my personal information.
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A1.2	<ul style="list-style-type: none"> I can understand simple messages if people speak very slowly and use very simple words. I can understand simple descriptions (e.g., color, number and size). I can understand simple directions if people speak very slowly and very clearly. I can understand numbers, prices and times. 	<ul style="list-style-type: none"> I can read a very simple, very short text. I can find simple, important information on posters. I can understand a simple form well enough to know where to add my basic information. 	<ul style="list-style-type: none"> I can greet people of all ages respectfully. I can ask and answer simple questions about very familiar topics if people help me. I can indicate time with simple expressions like tomorrow or next week. I can ask for simple directions. 	<ul style="list-style-type: none"> I can introduce myself and other people. I can give basic information about my school, my class or my family. I can describe what I like and what I don't like. I can talk about the weather and the seasons using very simple sentences. 	<ul style="list-style-type: none"> I can write very simple messages and questions. I can write information about myself in a short letter or email. I can write a very simple description about something I know well.
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A2	Listening	Reading	Oral interaction	Oral production	Writing
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A2.1	<ul style="list-style-type: none"> I can understand simple information and questions about personal topics or my interests. I can understand what people say to me in short, simple conversations if they speak clearly and slowly. I can understand short stories or presentations if people speak clearly and slowly. I can understand a short, simple text if I know the main words and ideas. 	<ul style="list-style-type: none"> I can understand most of what I read in short, simple texts on familiar subjects. I can understand the main ideas in short, simple texts. I can follow much of a simple short story. I can understand most descriptions of people, places or situations. 	<ul style="list-style-type: none"> I can wish someone a happy birthday and respond to other greetings. I can ask simple, familiar questions and react to what other people say. I can make and accept invitations, or refuse them politely. I can ask and answer simple questions about past events. 	<ul style="list-style-type: none"> I can talk about my favorite foods, music, sports and clothes. I can talk briefly about things I am going to do on the weekend. I can describe my activities, my daily routines, my hobbies and my interests. I can talk about something I know well: a sports team, a band, a hobby. 	<ul style="list-style-type: none"> I can write about people and things I know well using simple sentences and expressions. I can explain where I live and how to get there with the help of a drawing or simple map. I can write the beginning or continue a story or simple text by following a model. I can write and connect simple sentences using words such as: and, or, but, because.
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A2.2	<ul style="list-style-type: none"> I can understand simple directions if the route is explained slowly and clearly. I can follow simple, concrete instructions especially if there is a demonstration. I can understand a simple recording about a topic I know. I can understand simple advertisements. 	<ul style="list-style-type: none"> I can identify some of the main information in short, simple factual texts where numbers, names, illustrations are very important. I can find important information in short written instructions or rules. I can understand the main points in a variety of texts. I can understand a personal letter or email where the person is writing about familiar subjects or asking me questions. 	<ul style="list-style-type: none"> I can explain to someone how to go to a particular place. I can maintain simple conversations about familiar topics. I can ask for and give simple opinions, and agree or disagree in a simple way. I can ask and answer simple questions about events in the future. 	<ul style="list-style-type: none"> I can describe the places, seasons, objects or activities I like best and briefly explain why. I can share information on celebrations, traditions and other special events. I can use most numbers without hesitation (e.g. time, years and prices). I can describe past activities, events and personal experiences, as well as further ones. I can summarize simple stories using the language used in the story. 	<ul style="list-style-type: none"> I can describe objects, places and people using a variety of simple sentences. I can write about events and experiences by describing what happened, when and where. I can write simple stories or texts on familiar subjects and I can connect my ideas.
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B1	Listening	Reading	Oral interaction	Oral production	Writing
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<p>B1.1</p> <ul style="list-style-type: none"> I can generally understand the main points of discussions on familiar topics when people speak clearly. I can understand simple technical information, such as instructions for familiar devices. I can generally understand the main points in short videos about familiar topics. I can follow a short oral story well enough to predict what will happen next. 	<ul style="list-style-type: none"> I can understand texts of varying lengths that contain familiar words and that relate to my interests. I can generally understand the main points in straightforward factual texts or news articles related to my interests. I can pick out important information on labels, like expiry dates or recommended use. I can understand simplified versions of novels and follow the storyline in short stories that are clearly structured. 	<ul style="list-style-type: none"> I can start, maintain and end simple face-to-face conversations about familiar topics or personal interests. I can express and respond to feelings and attitudes (surprise, happiness, sadness, frustration and indifference). I can give and compare my opinion in a conversation with friends. I can tell my teacher about my schoolwork and explain where I have difficulty. 	<ul style="list-style-type: none"> I can describe my dreams, hopes and goals. I can talk about my experiences, feelings and reactions in detail. I can briefly explain and justify my opinions. I can give a short prepared presentation on a familiar subject and answer clear questions. 	<ul style="list-style-type: none"> I can write short, creative texts on familiar topics without help. I can summarize simple texts dealing with familiar topics. I can write informal emails, notes or text messages to friends, relating news and giving or asking for simple information. I can describe an event and express my feelings and reactions.
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<p>B1.2</p> <ul style="list-style-type: none"> I can understand and participate in everyday conversation if the accent is familiar to me. I can generally follow the main points of long discussions (if people speak clearly). I can follow classroom presentations (if the subject matter is familiar and well structured). I can follow most audio texts on topics of personal interest if people speak clearly. 	<ul style="list-style-type: none"> I can read and understand straightforward, factual texts on subjects relating to my own interests or to school subjects. I can understand short opinion texts. I can identify the main conclusion in texts which clearly argue a point of view. I can read simplified versions of novels and stories with minimal use of a dictionary or other reference tools. 	<ul style="list-style-type: none"> I can express my opinion on abstract topics, describe my reactions to them and ask other people what they think. I can say something is causing a problem and also explain why. I can give practical instructions on how to do something (e.g., making a pizza, using a bank machine or buying music online). I can complain effectively (e.g., to a salesperson if something is of poor quality or broken). I can have relatively long conversations on subjects of common interest. 	<ul style="list-style-type: none"> I can express and justify my opinion on different topics concerning everyday life. I can speak in a fairly fluid and comprehensible manner for a certain length of time. I sometimes pause to think about how to continue or to correct myself. I can talk in some detail about similarities and differences (e.g., between regions and texts, events). I can summarize new information on familiar subjects from various sources and share it with others. 	<ul style="list-style-type: none"> I can write a variety of texts on a range of familiar subjects by linking a series of elements (e.g., paragraphs or ideas) into logical sequence. I can express my opinion on abstract or controversial issues, provided that I know the specific vocabulary related to the topic. I can write a text on current events that interest me (e.g., climate change, human rights, etc.) and highlight what is particularly important to me. I can write standard formal letters following a model. I can take notes while listening.
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B2	Listening	Reading	Oral interaction	Oral production	Writing
					
B2.1	<ul style="list-style-type: none"> • I can understand the main ideas of complex speech on concrete and abstract topics. • I can follow formal, complex, academic presentations. • I can follow most audio texts and identify the mood or tone of the people speaking (if standard language is used). • I can understand what is said to me in standard spoken language. 	<ul style="list-style-type: none"> • I can read fairly independently using a dictionary as needed. • I can recognize whether a text provides factual information or if it seeks to persuade readers. • I can read short stories and novels written in a clear and standard language and style, using a dictionary as needed. • I can understand most correspondence that I receive. • I can read texts that express specific points of view (political commentary, critiques of exhibits or movies, etc.). 	<ul style="list-style-type: none"> • I can participate in lengthy discussions, expressing my points of view, ideas or feelings clearly and regularly. • I can sustain my opinions in a discussion providing relevant explanations, arguments and comments. • I can find out and share detailed information (face-to-face and on the phone), asking follow up questions and seeking clarification or more details as needed. • I can generally express myself naturally, fluidly, and effectively in conversations. • I can discuss and evaluate advantages and disadvantages and participate in formal and informal discussions and participate in reaching a decision. 	<ul style="list-style-type: none"> • I can present information in a clear systematic manner and appropriately highlight the main points and important details. • I can give a detailed account of my own experiences describing emotions that I have felt and the way I have reacted. • I can develop a clear argument, linking my ideas logically and expanding and supporting my points with appropriate examples. • I can summarize information and arguments from a number of sources (articles, reports, discussions, interviews, presentations, etc.). • I can talk for a relatively long time on familiar subjects describing and comparing some aspects in detail. 	<ul style="list-style-type: none"> • I can write detailed essays, reports and summaries on numerous subjects that interest me; I can provide information, present and compare different positions and express my own thoughts. • I can express my opinion in a variety of formats by presenting arguments for or against on issues that interests me. • I can complain in writing about things which are unsatisfactory and ask for an appropriate follow up. • I can express news, views and feelings effectively when writing or responding to others.
B2.2	<ul style="list-style-type: none"> • I can generally understand people I am talking to, even in a noisy environment. • I can follow a lively conversation between two experienced speakers. • I can follow lectures and presentations in my fields of experience or interest (even if the organization and language are both complex). • I can understand viewpoints and attitudes in discussions on social, professional or academic subjects. • I can understand announcements, instructions, telephone messages, even when they are quickly spoken. • I can understand in detail a variety of television shows and movies, even if some idiomatic expressions and slang are used. 	<ul style="list-style-type: none"> • I have a broad active reading vocabulary which means I can read with a large degree of independence, adapting style and speed of reading to different texts and purposes. • I can read and understand factual texts and specialized articles dealing with subjects I am not familiar with (provided that I can consult reference tools). • I can quickly scan through long and complex texts on topics of interest to locate relevant details. • I can understand long, complex, detailed instructions related to my fields of study. 	<ul style="list-style-type: none"> • I can interact fluently, effectively and fairly accurately on a wide range of familiar subjects. • I can express my ideas and opinions precisely and put forward persuasive arguments; I can also respond to complex arguments put forward by others. • I can interact appropriately in an emergency situation (e.g., calling 911 or the police; getting medical or first aid help). • I can express, negotiate and respond sensitively to feelings, attitudes, opinions, tone and viewpoints of others. 	<ul style="list-style-type: none"> • I can give clear, well-developed, detailed descriptions on a wide range of subjects related to my interests expanding and supporting my ideas with supplementary points and relevant examples. • I can develop an argument systematically, highlighting significant points and details. • I can give a clear, well-structured presentation, highlighting significant points and I can answer questions about the content. • I can depart spontaneously from a prepared presentation to follow up on interesting points raised by members of the audience. 	<ul style="list-style-type: none"> • I can write clear detailed texts on a variety of subjects (related to my field of interest) by synthesizing and evaluating information and arguments from a number of sources. • I can use a range of language and sentence structures to express abstract ideas, current issues and events, correcting most of my mistakes in the process. • I can write texts that convey degrees of emotion and highlight the personal significance of events and experiences. • I can write detailed descriptions of events and experiences, real or imaginary, clearly linking ideas and respecting the characteristics of the genre.

C1	Listening	Reading	Oral interaction	Oral production	Writing
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C1.1

- I can follow most talks, lectures, discussions and debates regardless of topic or complexity.
- I can understand complex technical information or procedures (e.g., instructions for operating machines or devices, and specifications for products and services).
- I can easily follow most films and media which contain a large amount of slang and a wide range of idioms.
- I can easily follow complex interactions in group discussions and debates, even on abstract and unfamiliar topics.
- I can generally understand everybody I talk to (though I may need to confirm some details, especially if the accent is unfamiliar).

- I can understand in detail a wide range of lengthy, complex texts likely to be encountered in social, professional or academic life.
- I can understand lengthy, complex instructions (e.g. formal procedures in an academic or health context), including details on conditions and warnings, as long as I can reread difficult sections.
- I can scan relatively quickly through books and articles within my field of interest and assess their relevance to my needs.
- I can understand complex texts where stated opinions and implied points of view are discussed.

- I can express myself fluently and appropriately, adopting a level of formality appropriate to the circumstances and my relationship with the person with whom I am speaking.
- I can understand and exchange complex, detailed information on topics with which I am not personally familiar, pinpointing key areas where further explanation or clarification is needed.
- I can keep up with lively discussions on abstract and complex topics involving a number of speakers and interject effectively.
- I can use the telephone (audio-conferencing, etc.) for a variety of complex purposes (e.g., solving problems, making transactions and purchases, clarifying misunderstandings, etc.) although I may need to ask for some clarification if the accent is unfamiliar.

- I can combine information from different resources and present it in a coherent summary.
- I can summarize long, challenging texts.
- I can give a clear, well-structured presentation on complex subjects in my field of study, expanding and supporting my point of view with appropriate reasons and examples.
- I can develop a persuasive argument in a well-structured speech highlighting significant points and concluding appropriately.
- I can give clear, well-structured, detailed descriptions of complex subjects.

- I can write clear, well-structured texts on complex topics using an appropriate style.
- I can write clear, detailed, well-developed short stories and descriptions of personal experiences.
- I can present points of view in a paper, developing an argument, highlighting the most important points, and supporting my reasoning with examples.
- I can express myself clearly and appropriately in personal correspondence, describing experiences, feelings and reactions in depth.
- I can express myself fluently and accurately on a wide range of topics (personal, academic or professional).

C1

Listening



Reading



Oral interaction



Oral production



Writing



C1.2

- I can understand a wide range of idiomatic expressions and colloquialisms, appreciating shifts in style and register.
- I can understand everybody I talk to, given the opportunity to occasionally confirm something, especially if the accent or dialect is non-standard and unfamiliar.
- I can follow lectures, presentations and demonstrations with relative ease, making decisions about what to write down and what to omit as the lecture proceeds, in order to ask detailed questions.
- I can easily follow films and media which contain a large amount of slang and idiomatic usage.

- I can understand complex reports, analyses and commentaries in which opinions, viewpoints and connections are discussed, and recognize contradictions, inconsistencies, or illogical arguments.
- I can understand the details of lengthy, complex texts, whether or not they relate to my area of specialization.
- I can scan quickly through a variety of sources both within and outside my field and assess their relevance to my needs.
- I can appreciate shifts of tone and style in contemporary literary texts and recognize their significance.
- I can understand any formal or informal correspondence.

- I can fully participate in an interview (either as interviewer or as interviewee), fluently expanding and developing points of discussion, and handling interjections with confidence.
- I have a good understanding of humour, irony and implicit cultural references. I can easily keep up with and contribute to an extended debate on an abstract and complex topic, even if it is unfamiliar to me, and people speak simultaneously.
- I can formulate a convincing argument and respond to questions, comments and complex counter arguments fluently, spontaneously and appropriately.

- I can give an elaborate description or account of an experience or topic of relevance, integrating themes, developing particular points and concluding appropriately.
- I can confidently put forward a systematically developed argument, taking account of the audience's perspective, and selecting appropriate supporting examples.
- I can give a clear, well-structured presentation of a complex subject, expanding and supporting points of view with reasons and relevant examples.
- I can confidently handle detailed questions and spontaneously follow up and reiterate points raised by members of the audience.
- I can orally summarize information from different sources, selecting the most salient and relevant ideas, and reconstructing arguments in a coherent presentation.

- I can write well-structured texts which show a high degree of grammatical control and I can vary the vocabulary and style according to the kind of text and the topic.
- I can write clear, detailed, well-developed descriptions in a confident, personal, style appropriate to the reader.
- I can write papers on complex topics, systematically developing an argument that highlights the main issues, supports points with relevant examples and details, and finishes with an appropriate conclusion.
- I can express myself with clarity and precision in personal correspondence, using language flexibly and effectively, in an emotional, allusive or humorous style.

C2

Listening



C2

- I can understand any kind of spoken language, whether live or broadcast, delivered at any speed, even in a noisy environment.
- I can appreciate irony and sarcasm and draw appropriate conclusions about their use.
- I can understand any speaker, given an opportunity to adjust to the accent or manner of speaking.
- I can follow debates, discussions, specialized lectures and presentations that contain a high degree of colloquial expressions, regional usage or unfamiliar terminology.
- I can fully understand podcasts, webinars, and videos, appreciating the humor, nuance and implied meaning.

Reading



- I can understand any kind of text, including those written in a very colloquial style, written ambiguously, or containing idiomatic expressions or slang.
- I can scan quickly through complex texts covering a broad variety of genres, including unfamiliar ones; I can refer to several texts at the same time to extract information from them.
- I can understand and critically interpret classical and contemporary literary texts representing different genres.
- I can understand complex reports, manuals and contracts including finer shades of meaning, plus issues that are implied rather than stated.
- I can easily understand any formal correspondence, including specialized or legal matters.

Oral interaction



- I can converse comfortably, appropriately and without limitations in casual conversation, at social events and in more formal discussions and debates.
- I can use irony and understatement in an appropriate manner.
- I can effectively manipulate nuances in order to emphasize, differentiate or eliminate ambiguity when arguing for or against a topic.
- I can hold my own in formal discussion of complex and specialized issues in my field, putting forward and sustaining articulate and persuasive arguments.

Oral production



- I can give clear, fluid, elaborate and often memorable, or vivid, descriptions.
- I can argue a case on a complex issue, adapting the structure, content and emphases in order to convince particular listeners of the validity of my argument.
- I can give a fluid, elaborate presentation on a complex topic and can handle difficult, unpredictable and even hostile questioning.
- I can orally summarize information from different sources, reconstructing arguments and accounts accurately, coherently and concisely.

Writing



- I can produce text which is proof-read and organized in accordance with relevant conventions.
- I can write engaging narratives and descriptions in a clear, sophisticated style appropriate to the genre and purpose.
- I can write papers that thoroughly present the background and context, describing procedures and/or proposals, evaluating outcomes and drawing conclusions, using appropriate conventions throughout.
- I can write detailed, critical appraisals of socio-cultural events or literary works.
- I can write clear, smoothly-flowing complex texts (articles, reports or letters) in an appropriate effective style which helps the reader identify significant points.
- I can produce texts that demonstrate a high degree of lexical and grammatical accuracy. Errors are rare.