Moving to Red Phase of Recovery

As New Brunswickers we all must work together and do our part to flatten the curve and contain the virus as quickly as possible. For this reason, strict controls are needed at this time, so we can return to a lower alert level as soon as possible.

It is important that we all continue to be kind to one another. Consider helping a neighbour, family member or friend who may be feeling isolated or in need of assistance. Stay connected with friends and family by phone or computer. Remember that your single household bubble can be extended to a caregiver, an immediate family member or an individual in your life who requires support, including mental, social and emotional support.

**Key Messages**

- If you have **one** symptom, self-isolate and get tested by submitting an online referral [here](#) or by calling 811.
- Available services are limited, with mandatory public health measures in place such as physical distancing, business closures and travel restrictions.
- The decision to enter the red phase of recovery is based on many factors such as, but not limited to:
  - There are three (3) unlinked chains of community transmission within 6 days.
  - Outbreaks in high vulnerability settings,
  - Health-care system capacity is stretched,
  - Non-compliance in public health measures,
  - Outbreaks and new clusters can no longer be controlled through testing, tracing and self-isolation measures.
- As with other levels of recovery, frequent hand washing, surface cleaning and physical distancing (2m) are important measures to prevent transmission.
- As with the orange phase, people must stay within their single household bubble. This can be extended to a caregiver(s), an immediate family member or an individual in your life who requires support, including mental, social and emotional support.
- Movement within the community should be limited to essential activity such as work, school, and essential errands to limit the transmission of COVID 19. Citizens are encouraged to utilize curb side pick up, only send one person to run errands for essential goods and services. Reduce the frequency of these trips as much as possible.
- As with the orange phase, community masks are mandatory indoors.
- Community masks to be worn in all outdoor public spaces where people gather and unable to maintain 2m physical distance.
Frequently Asked Questions Moving from Orange to Red

Can I still host an indoor or outdoor gathering?

No indoor gatherings can take place except with members of your single household bubble. Outdoor gatherings of 5 people or less may happen only with physical distancing and continuous mask use.

I live in a Red Zone. Can I travel to a Zone that is in Orange or Yellow?

It is important to avoid all non-necessary travel in and out of a region that is in a red phase (i.e. restaurants, hair salons, gyms, entertainment, sports, etc.). People can continue to travel within the province for necessary work, school, medical appointments, child custody and essential goods/services.

I live in an Orange Zone and travel to a Red Zone for work, school, medical or essential service what precautions should I take when I return home?

For 14 days upon your return home, you should limit your movement to essential errands and activities only (i.e. do not attend restaurants, hair salons, gyms, entertainment, sports, etc.) and avoid gatherings.

Can faith services still take place?

Outdoor religious services are permitted, where the congregants are in vehicles at all times. Online services can be offered as well as pick-up or door to door communion (individually packaged) or other sacraments with public health measures in place (hand hygiene and mask usage).

Will surgeries and medical procedures continue?

Non-urgent medical procedures and elective surgeries may be postponed.

Can I still see my family doctor?

Primary care providers and regulated health professionals may operate utilizing virtual option whenever possible. Your doctor may choose to conduct appointments virtually or by phone at this time.

Are hair salons allowed to be open?

Personal services such as barbers, hair stylists or spas are closed.

Are daycares and schools allowed to be open?

Daycares remain open with enhanced Public Health measures including active screening twice a day. K to 12 will remain open – with active screening of staff. Students are required to be screened.
at home. All staff will be tested for COVID-19. Schools with an active case will close for 3 days to students to allow time for contact tracing and school cleaning.

**Are universities and colleges allowed to offer in-person classes?**

Post-secondary education should continue virtually where it is possible. Practical programs can continue to operate in-person with strict Public Health measures in place including active screening.

**Are restaurants allowed to be open?**

All food and beverage establishments are reduced to drive-thru, take-out and delivery only.

**Are sport and recreation facilities allowed to remain open?**

Indoor sport and recreational facilities, including other similar close contact sport or recreational businesses (i.e. gym, arenas, pools, fitness facilities, bowling alleys, escape rooms, yoga, dance studios, gymnastics, etc.), are closed.

**Are outdoor sporting and recreational activities allowed to continue?**

Outdoor recreational spaces where people can congregate are closed (i.e. ski hills, outdoor skating rinks, municipal playground equipment, warming huts and lodges along public trails, etc.). Outdoor recreation that promote movement alone or within a single-household bubble is allowed, i.e. cross-country skiing, walking, snow shoeing, etc.

**Are snowmobile and ATV trails allowed to remain open?**

ATV trails may remain open but warming huts and any common spaces along trails are closed. As with any other outdoor gathering, in the red alert level, only gatherings with 5 people or less are permitted in conjunction with physical distancing and continuous mask use.

**Are public spaces like casinos or entertainment centres allowed to be open?**

Public spaces such as casinos, amusement centres, bingo halls, arcades, cinemas and large live performance venues are closed.

**Is public transit (i.e. city bus) still allowed to operate?**

Public Transit can operate with 2m distancing between riders AND continuous use of a mask.

**Are retail stores and businesses allowed to operate?**

All other businesses and public services, including retail, can operate under a COVID-19 operational plan with strict Public Health measures in place. Businesses are required to:
• ensure that there is controlled access at the entrance of each business and capacity is not exceeded to maintain physical distancing of 2m;
• maintain cleaning and disinfection protocols;
• actively screen staff (asking questions) prior to entering the workplace; and,
• ensure patrons are not gathering within facility.

Businesses are encouraged to actively screen patrons (asking questions) prior to entering the workplace.