

CANNABIS - Information for Consumers

It is now legal for those aged 19 and older to purchase, possess, cultivate and consume cannabis in New Brunswick.

Buying cannabis:

The only legal place to purchase cannabis will be through Cannabis NB, a subsidiary of the New Brunswick Liquor Corporation (ANBL).

Cannabis is also available to order online through Cannabis NB. No one under the age of 19 is able to order online, or accept online orders. Deliveries are only made within New Brunswick.

All dispensaries are illegal in New Brunswick. Buying cannabis online from any website other than Cannabis NB is also illegal.

For more information, visit: goodtoknowNB.com

Possessing cannabis:

Adults 19 and older can have up to 30 grams of dried cannabis or equivalent in their possession when outside their home. There are no restrictions on how much cannabis you can keep at home.

Cultivating cannabis:

New Brunswickers can grow up to four plants on their own property for their personal use. When grown indoors, these plants must be in a separate, locked space. When grown outdoors, they must be located behind a locked enclosure that is at least 1.52 metres high. Plants and/or seedlings need to come from Cannabis NB.

Consuming cannabis?

In New Brunswick, consumption of cannabis in any form is prohibited anywhere but in a private dwelling or on land adjacent to a private dwelling (in your house, in your backyard, etc.).

If consuming cannabis in another residence, you must have the permission of the home-owner.

Travelling?

It is illegal to transport cannabis across Canada's national borders. Visit [Cannabis and international travel](#) for more information.

If travelling to another Canadian province or territory, you must respect their laws. Provinces and territories can have different rules concerning cannabis and visitors should educate themselves on the legal minimum age, where you can buy cannabis, where you can consume it and how much you can possess. For more information on other provinces and territories, visit: [Cannabis in the provinces and territories](#).

For more information on New Brunswick's rules surrounding tourism, visit our [For Tourist Operators and Tourists Fact Sheet](#).

Medical cannabis:

The legalization of cannabis will not affect the way medical cannabis is accessed.

For more information on medicalcannabis, visit: [Health Canada](#)

Road safety and impaired driving

Like alcohol, cannabis can cause impairment. And it's illegal to drive while impaired.

Cannabis use of any kind in or on a vehicle (moving or not) on a roadway or on a managed trail is prohibited. This also applies to motorcycles, farm tractors, off-road vehicles and snowmobiles.

In addition to criminal charges, sanctions for drug impaired driving include: licence suspension, and vehicle impoundment. New drivers in the graduated licensing program and all drivers under 21 years of age must have zero level of drugs in their system.

Health Information:

Using cannabis is a personal choice. There are short-term and long-term health risks associated with cannabis use, particularly for persons under the age of 25, pregnant and breastfeeding women, and persons living with or with a family history of mental health issues.

Understand the risks to make an informed decision on your personal cannabis use. For more information visit InControlNB.ca. Refer to [Canada's Lower-Risk Cannabis Use Guidelines](#) to reduce your risk.

[Government of Canada](#)

[MADD Canada](#)

[CAA Cannabis Impaired Driving](#)