
Policy 251

Subject: Persons with a Disability
Effective: August 16, 2007
Revisions: October 1, 2018

1.0 Purpose

- 1.1 The Sport and Recreation Policy for New Brunswick states the fundamental principle that “*All citizens should have equitable, barrier free access to a broad range of quality sport and recreation activities.*” It also recognizes that a role of the provincial government is “*barrier breaking - aggressively identifying and helping to remove obstacles that hinder equitable participation.*”
 - 1.2 Studies have shown that persons with a disability are under-represented in the sport and recreation system. People with a disability are under-represented in positions of leadership, coaching, officiating and as participants.
 - 1.3 It is clear that participation in sport, recreation and physical activity results in clear health and quality of life benefits. Conversely, non-participation in sport, recreation and physical activity is associated with a myriad of health problems.
 - 1.4 This Policy provides clear direction for the Branch in its future decision making.
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2.0 Application

- 2.1 This Policy applies to the Sport and Recreation Branch.
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3.0 Definitions

- 3.1 *Sport:* A particular form of recreation requiring a combination of physical, technical, tactical and mental skills. Persons of all ages, stages and skill levels are welcomed to participate and are inspired to improve.
 - 3.2 *Recreation:* The experience that results from freely chosen participation in physical, social, intellectual, creative and spiritual pursuits that enhance individual and community wellbeing.
 - 3.3 *Physical Activity:* is all leisure and non-leisure body movement produced by the skeletal muscles and resulting in an increase in energy expenditure.
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4.0 Authority

- 4.1 The *Youth Assistance Act*

5.0 Goals / Principles

- 5.1 To increase the participation of persons with a disability in sport and recreation in New Brunswick by:
- a) To increase the number, variety and quality of opportunities available to persons with a disability,
 - b) To improve awareness of the opportunities to person's with a disability, and
 - c) To reduce barriers to participation for person's with a disability.

6.0 Requirements / Standards

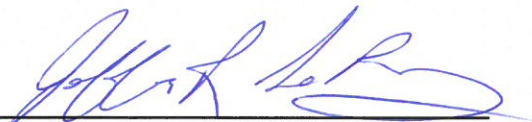
- 6.1 The Sport and Recreation Branch is committed to promoting the inclusion of person's with a disability as participants, leaders and volunteers through the provision of financial and consultative support towards equitable, barrier free access to a broad range of quality sport, recreation and physical activity opportunities from community to high performance.

7.0 Guidelines / Recommendations

- 7.1 The above Policy Statement will be used to guide Branch planning, program development, support and decision making.

8.0 Contact for more information: (506) 453-2928 – SR/SL@gnb.ca

Approved by: _____



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