## Breastfeeding Supports & Resources Moncton/South East Region

Clinics	Online Resources	Programs
The Moncton Hospital Breastfeeding Clinic Monday to Friday 8:00am to 4:00 pm Call for appointment 506-857-5208 Discharge Clinic 7 days/week, 08:00 am to 4:00 pm Call for appointment 506-857-5537 Dr. Georges L. Dumont University Hospital Centre Postnatal Clinic Monday to Friday Call for appointment 506-862-4741	Provincial Facebook page www.facebook.com/Breastfeeding NB.AllaitementNB La Leche League Canada - Moncton www.facebook.com/MonctonLII Resources on infant care and feeding: www.gnb.ca/healthypeople Ligue La Leche – French Website: https://allaitement.ca/ Facebook page https://www.facebook.com/Ligue LaLeche/	Family Resource Centres Prenatal and Postnatal programs Moncton/Sackville 506-856-2401 Shediac 506-533-3354 Richibucto 506-523-7607 Kent 506-524-9192 or visit their website www.kentcrfk.ca
Classes	Support Groups	Help Lines
Family Resource CentresMany classes offered for pregnantpeople and parents with children aged0-6 years via Zoom or in- person.Please call for the most currentclasses offered.Greater Moncton Area506-384-7874 or visit their websitewww.frc-crfmoncton.comA New Life online modules:https://nb.unvanl.ca/ (English)https://nb.unvanl.ca/fr (French)Free! The Prenatal BreastfeedingClass online versiongnb.ca/breastfeedingBooks and e-books on breastfeedinghttp://www.gnb.ca/publiclibraries	LLL Breastfeeding Support Group Sussex: 2 <sup>nd</sup> Tuesday of each month at 10 AM at the Sussex Library. Contact Erin for more information: 506-871-0939 kingscounty@LLLC.ca https://www.facebook.com/LLLCKin gsCounty Breastfeeding Café with Lactation Consultant Dr. Sarah Hardy Walsh Greater Moncton Family Resource Centre: 1 <sup>st</sup> Wednesday of the month, 1-2 pm Family Resource Center Kent 506-524-9192 or visit their website www.kentcrfk.ca	La Leche League Canada Lyndsay: 506-852-9204 (English) Meghan: 506-878-3417 (English) Erin (Sussex area) : 506-871-0939 The Moncton Hospital Saturday and Sunday call: 506-857-5537 Dr. Georges L. Dumont University Hospital Centre Monday to Friday 8:00 am to 4:00 pm 506-862-4741 Public Health Staff are available to answer questions about feeding your baby or child. Support by phone available Monday- Friday 8:30 am - 4:00 pm Moncton/Sackville: 506-856-2401 Shediac: 506-533-3354 Richibucto:506-523-7607 Kent: 506-524-9192 Tele-Care - 811 Dial 811 to speak with a healthcare professional 24-hours a day/7 days a week for any health-related questions

November 2023



www.gnb.ca/breastfeeding



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